

FORREST PRIMARY SCHOOL



Newsletter Week 8 Term 2 2019

Mission Statement

Forrest Primary School helps all of our students reach their full potential in a safe, loving, inspiring and challenging learning environment.

We strive to develop confident, compassionate, responsible children who are lifelong learners and can make the world a better place.

Our community is culturally diverse and we value and celebrate the perspectives, knowledge, skills and abilities all bring to our school.

EXECUTIVE ADDRESS

Year 1 Parent Forum

Last Thursday, several parents and carers with children in Year 1 attended the Year 1 Parent Forum. At the forum, parents and carers had an opportunity to discuss and share ideas about things they valued at the school and provide potential ideas for improvement. A topic that was discussed was communication and the important use of Seesaw to share feedback about student learning. A summary of the ideas raised has been compiled and some of the suggestions have been noted as actions that we will endeavour to undertake. To date, three Parent Forums have been held, which have provided a range of positive feedback and strategies for improvement. We would like to sincerely thank those who were able to attend and share their thoughts with us about their Year 1 experience to date. We look forward to holding more Parent Forums shortly. Keep an eye out for the dates as they will be advertised in upcoming newsletters.

Disco

The junior and senior discos were held last night with great success! Our students looked amazing dressed up in their pyjamas and 'onesies', and they enjoyed a delicious sausage sizzle dinner. We would like to thank all the staff who volunteered to support the event and the wonderful Forrest Primary Events Committee for their work in organising such a fabulous night!

Year 5 Combined Band

The Year 5 Combined Band Practice was recently held at Forrest Primary School. We welcomed 113 students from a range of schools across the ACT including Yarralumla Primary School, Telopea Park, Hawker Primary School and Weetangera Primary School. The Brass and Woodwind bands played a range of combined and individual break out sessions. We look forward to more combined band sessions being held across Terms 3 and 4.

Inside this issue:

Executive Address—	1
Year 1 Parent Forum	
Disco	
Year 5 Combined Band	
Executive Address—	2
Google Presentation	
Parent Teacher Interviews	
Congratulations	
Library	3
School Events—	4-5
Clothes Swap	
School Events—	6
Cancer Morning Tea	
School Events—	7
Toy Story 4 screening	
School Events—	8
Big Night Out	
Merit Certificates	9
Contacts	10
Community Directory	11-15

Dates to remember

- Clothes Swap—27 Jun
- Christian Education—28 Jun
- Semester 1 Reports sent home—28 Jun
- Toy Story 4 screening—30 Jun
- Parent Teacher Interviews—2 & 4 Jul
- Cancer Morning Tea—5 Jul
- Scholastic Book Fair—6-9 Aug

Notes to return

- Footsteps Dance—4 Jul

Google Presentation and Digital Technology

During the last fortnight, Nicole Richardson, executive teacher, held two parent workshops to support families in understanding Google platform at home. Mrs Richardson demonstrated how to use GAFE (Google Apps for Education) at home and discussed the use of Google Drive, Google Apps and Google Documents at both home and school. Digital technology plays a very important role in supporting learning at Forrest with students utilizing a form of digital technology regularly. We hope families found the workshops informative and useful in continuing to build the important skills and knowledge to support their child/ren to effectively use digital technologies and become good digital citizens. If you would like further information in supporting your child to be a digital citizen we recommend using the following website 'Think You Know' at <https://www.thinkuknow.org.au/> which provides a range of practical and useful resources for families and children.

Parent Teacher Interviews – Week 10

A friendly reminder that parent teacher interviews for students in Kindergarten to Year 6 will be held over two afternoons / evenings on Tuesday 2 July and Thursday 4 July, 3:30—7:00pm (last interview time 6:45pm). Interviews will take place in a shared space such as the Senior Hall or the Paul Henryon Building, and will run for 15 minutes each. If you haven't already done so, please book your interview time through the SOBS online booking system.

Congratulations

We would like to congratulate Morgan (6D) who represented Forrest Primary School at the recent Rostrum Quarter Finals with a brilliant speech entitled 'View from the Top'. Well done to Morgan who finished in third place overall and now holds a reserve spot for the ACT Rostrum finals. Additionally, a big congratulations to Mia (6H) and Jemima (6D), who were selected to participate in the IMP Primary Concert Band, and Aidan (5T) who was selected for a position in the ACT Primary Concert Choir. Well done to our very talented Forrest Primary students!

New phone number for **Deakin Preschool**:

6142 2853

CHRISTIAN EDUCATION

Just a reminder that the next Christian Education session is on **Friday 28 June** (Week 9).

Only students with parental permission will participate in these sessions. If you would like your child to participate—or if you would like to discontinue their participation—please contact the front office on 6142 1470.

Do we have your current contact details?

If you have a new address, phone number or email address, please let us know!

You can complete a form at the front office, or send your new details to forrestps@ed.act.edu.au

It is especially important that we have your current **postal address**, as you will receive your child's **school report** by post at the end of Week 9.

LIBRARY

SCHOLASTIC BOOK FAIR

Week 3, Term 3

Tuesday 6—Friday 9 August

CHIEF MINISTER'S READING CHALLENGE

continues to the end of Term 3

BOOK WEEK

Week 5, Term 3

Thursday 22 August—Storyteller Visit from Valanga Kohza

Friday 23 August—Book Week Dress Up Day, Assembly & Play

Did you know that Libraries ACT have bilingual books?

Bilingual picture books are available at each branch. Language collections of books, DVDs, CDs, magazines and newspapers are available at different libraries.

See the Libraries ACT website for more information:

<https://www.library.act.gov.au/booksmusicmovies/in-your-language>

Looking for a book recommendation?

You could ask your teacher, friend or family member to recommend one of their favourite books. Librarians may come up with broader recommendations based on other books that you have enjoyed. Try asking a librarian about the most requested books or check out the most requested items list from Libraries ACT. There are lists for picture books, junior fiction, young adult fiction and adult fiction. Find the list here: <https://www.library.act.gov.au/booksmusicmovies/most-requested-items>

SCHOOL EVENTS

JOIN US FOR THE 2019

CLOTHES SWAP

& **GET A GROOVY
NEW OUTFIT
WHILE YOU HELP
THE EARTH!**

JUNE 27TH
**ON THE SENIOR
BLACKTOP**
**YOU CAN START
DONATING YOUR OLD
CLOTHES TO 5B NOW**

SCHOOL EVENTS

What is the Clothes Swap?

The Clothes Swap is an event where you can swap your old clothes for someone else's.

Why did you start the Clothes Swap?

The clothes swap is action that we are taking to slow down and potentially prevent 'fast fashion'. Fast fashion is when unwanted clothing ends up in landfill, which has an immense effect on the environment. One of the solutions to this issue is to take unwanted but still good quality clothing to the Salvos or Vinnies op shops. However, sometimes these charities have more clothing than they can cope with. So back in 2017 we started the Clothes Swap so we could swap clothes for free at school.

How does the Clothes Swap work?

When you bring in your bag of clothing, drop it off at the 5B classroom where a student or teacher will take your name and record how many items you donated. If no one is there, just leave a note with your name, class, and how many items you contributed. On Thursday 27 June, tokens will be delivered to your class. At lunch time, you can bring your tokens to exchange for new clothing. If you don't have old clothes to give but would still like some new ones, you can buy some tokens for a gold coin donation on the day. The proceeds will be used to fund other sustainability initiatives at school.

What kind of clothing can I donate?

There are some rules for the Clothes Swap 2019.

- Clothes must be washed prior to drop-off.
- We will not accept underwear, socks, bras, anything dirty, or anything with holes or rips.
- We will accept general clothing (in children's and adults' sizes), accessories, footwear, coats, outerwear and costumes.

What will happen with the leftover clothing?

Any leftover items will be appropriately recycled.

How else can I help?

You can help by being conscious of how and where you shop. Make sure you buy clothing that will last and that you will actually wear. Clothing takes a lot of effort and resources to produce. Don't waste it!

If you have any questions, direct them to a Waste Warrior, or Ms Burke (sarah.burke@ed.act.edu.au)

See you at the Clothes Swap on **Thursday 27 June!**

From the Waste Warriors

SCHOOL EVENTS



Cancer Morning Tea - Friday 5th July.

**Stand up to
cancer and
help us with
the cancer
morning
tea.**

Please contact Mrs Kowalski to
help with baking -
belinda.kowalski@ed.act.edu.au

SCHOOL EVENTS

Forrest
Primary
school
presents

JUNE
30th

TOY story 4!



Wow!

FPS-only screening!
Watch with your friends!

Manuka cinema
doors open 2pm
movie starts 2.30pm
www.trybooking.com/BDFLW

tickets
\$10

SCHOOL EVENTS

BIG NIGHT OUT

SAVE THE DATE!

ANNUAL
FUNDRAISER
DETAILS COMING
FRIDAY 13 SEPT

MERIT CERTIFICATES

Congratulations to the following recipients of merit certificates!
These were presented at the senior assembly on Friday 21 June.

3B

Archer
Bethany
Maddison

4KD

Ella
Martin
Tierney

5B

Ashwin
Carter
Tilly
Xander

6B

Danielle
Maki
Sorithea

3FD

Annabel
Methuli
Oliver

4R

Amelie
Emily
Xavier

5R

Dhrishika
Felix
Iraya
Joshua P.

6D

Julian
Luke P.
Morgan

4W

Grace
Koen
Mealea

5T

Aidan
Ava G.
Liam
Roshini

6H

Dillon
Josh
Max
Youssef



SCHOOL AND COMMUNITY CONTACTS

General Enquiries: 6142 1470

Enrolment Enquiries: 6142 1476

Deakin Preschool: 6142 2853

Email address: forrestps@ed.act.edu.au

Webpage: www.forrestps.act.edu.au

Principal: Chris Pilgrim, christine.pilgrim@ed.act.edu.au

Deputy Principals: Hayley Munsie, hayley.munsie@ed.act.edu.au
Renee Berry, renee.berry@ed.act.edu.au

Business Manager: Ann Hayres, ann.hayres@ed.act.edu.au

P&C President: Jarrod Fitzgerald, president@forrestpandc.com.au

P&C Website: www.forrestpandc.com.au

Forrest Out Of School Hours Care: 6295 8985, info@fooshc.org.au

COMMUNITY DIRECTORY



 **Lifeline**
Canberra

Bookfair

Come & join us at our July Bookfair!
Featuring books & so much more...

- textbooks
- puzzles, console & board games
- computer software & games
- lego, war gaming, models & miniatures
- magazines, pamphlets & comics
- maps & atlases
- collectables & rare books
- cd's, records & sheet music
- talking books
- DVD's & blu-ray
- calendars & postcards
- note books & diaries
- bookmarks, posters & prints
- stamps & trading cards
- sets & encyclopaedias

Friday 12 July	9am - 6pm
Saturday 13 July	9am - 5pm
Sunday 14 July	10am - 4pm

Tuggeranong Southern Cross Stadium

Saturday is Family Day with fun activities for the kids

Gold coin donation entry



Australian
National
University



Canberra Weekly



COMMUNITY DIRECTORY



What are the benefits of refinancing?

- Depending on your individual goals you can often save money by refinancing to a lower interest rate. But make sure you do the sums to ensure that the new interest rate savings outweigh the associated refinancing costs.
- Often your monthly repayments will be lower, so make sure you park the extra funds back onto the loan or in an offset account to help reduce further interest payable, whilst shortening the loan term.
- Accessing equity to renovate your existing property, to build something, to buy an investment property, to go on a holiday, or just to have some cash in the bank.
- Gillian is paid by your chosen lender on settlement of the loan so you do not pay her a fee and she can save you time and stress throughout the process.
- It all comes down to what you would like to achieve, please contact Gillian for an obligation free chat to discuss your individual needs.

Mobile: 0407 722 520

Email: gillian@colesfinancesolutions.com.au

Qualifications: MFAA Credit Advisor, BA Comm, Dip of Finance and Mortgage Broking Management, Cert IV in Finance and Mortgage Broking

COMMUNITY DIRECTORY



ADDVAL DEVELOPMENTS

Proud Sponsors of
Forrest Primary School

ACTIVE GAMERS PROGRAM



A new supervised holiday program in conjunction with AFL ACT. Featuring team building via video gaming & esports, specially designed trainer lead fun fitness sessions, healthy eating and responsible gaming education. Approved Child Care provider. Full day program.



Ages: 9-13, July 8-12th 2019. 2 , 3 & 5 day registrations available. Book now as spaces are limited.

ACT AFL, 8 Spoering St, Phillip



Information and registration: www.activegamers.com.au

COMMUNITY DIRECTORY

WINTER SCHOOL HOLIDAYS TENNIS CLINIC

Monday 8 July—Friday 12 July

8:00am—1:00pm (half days) or 8:00—5:30pm (full days)

Red Hill Tennis Club

Astrolabe Street, Red Hill

- ◆ Students Kindergarten-aged—17 years old
- ◆ All skill levels
- ◆ Professional, credentialed coaching staff
- ◆ Total stroke development – ‘beginners will be serving overarm by the end of the clinic!’
- ◆ Doubles training and tournaments
- ◆ Trophy singles tournament on Friday
- ◆ McDonald’s lunch on Friday for full-day students
- ◆ Less than \$5 per hour for full-day students
- ◆ 100% refund if not continuing after Monday
- ◆ Great range of lunchtime activities, prizes galore, and heaps of fun!

To enrol, call Matt McDonald, professionally qualified Level 2 tennis coach, on 0412 565 137



The advertisement for SoccaJoeys features a vibrant red background with several soccer balls. It includes four circular inset photos: a child kicking a ball, two children playing, a coach interacting with a group of children, and a group of children in soccer uniforms. The text is centered and uses a mix of bold and regular fonts.

SOCCAJOEYS

**AUSTRALIA'S LEADING
CHILDRENS
SOCCER PROGRAM**

Minis Program For boys and girls aged 2.5 - 3 years	Preschool Program For boys and girls aged 3 - 5 years
Junior Program For boys and girls aged 6 - 8 years	Birthday Parties Celebrate with a soccer themed birthday party!

REGISTER NOW

www.soccajoeys.com.au | 1300 781 735

COMMUNITY DIRECTORY



With winter upon us, it's important to remember that Canberra has lots of health options that don't involve a trip to a hospital emergency department. Many of these are free and available after hours.

Walk-in Centres provide **free, one-off treatment** of minor injury and illness, including colds and flu. They're a great choice for children over 2 years of age – children under 2 years should see their GP.

Walk-in Centres are open from **7:30am—10:00pm**, every day of the year. They are staffed by highly skilled nurses who can provide you with a medical certificate and in some cases, medication, saving you time and money. The service is **free and no appointments are necessary**.

Walk-in Centres are located in **Tuggeranong, Belconnen** and **Gungahlin**.

To find out more about getting the right health care for your symptoms, visit www.act.gov.au/yourhealthoptions