Dear Parents,

Forrest Primary School's Annual Cross Country Carnival will be held on **Monday 4 April at Stromlo Forest Park**. Students turning 8, 9, 10, 11 and 12 in 2016 are invited to participate in the carnival. We encourage all eligible students to attend the carnival as it is a part of their health and physical education program. Please complete all paperwork and return to school by Monday 21 March.

**FORREST PRIMARY ANNUAL CROSS-COUNTRY CARNIVAL 2016**

<table>
<thead>
<tr>
<th>When:</th>
<th>Monday 4 April, 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Where:</td>
<td>Stromlo Forest Park</td>
</tr>
<tr>
<td>Who:</td>
<td>Students turning 8, 9, 10, 11 and 12 years</td>
</tr>
<tr>
<td>Time:</td>
<td>Depart Forrest Primary at 9.10am Return at approximately 1.30pm</td>
</tr>
<tr>
<td>Cost:</td>
<td>$8.00</td>
</tr>
<tr>
<td>Transport:</td>
<td>Bus</td>
</tr>
<tr>
<td>Accompanying staff:</td>
<td>Charles Fairfield Smith, Jemma O’Brien, Kylie Dorsett, Nicole Richardson, Michael Jandric, Sarah Bauer, Jeremy Haddrill, Nikki Tegg, Warren Brompton, Carolyn Davis, Sarah Burke, Samuel Bird, James Traviss, Meg Ryan, Christine Thambipillai, Louise McMullen and Rachel Hogan</td>
</tr>
<tr>
<td>Coordinating teacher:</td>
<td>Charles Fairfield-Smith</td>
</tr>
<tr>
<td>Means of contact with group:</td>
<td>Via Forrest Front Office 62055644 or AIS 0262141281</td>
</tr>
<tr>
<td>Due Date for return of permission note:</td>
<td>Monday 25 March 2016</td>
</tr>
</tbody>
</table>

Please note that there will be no canteen at the venue. Students are required to bring their own food and drinks on the day.

Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

Parents should be aware that staff members are not responsible for injuries or damage to property, which may occur on an excursion where, in all circumstances, staff have not been negligent. Parents should warn children of the risks to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.

Regards

Chris Pilgrim Charles Fairfield-Smith
Principal Sports Co-ordinator
Important Information

Parents are welcome to come along and support their child. If you would like to leave earlier with your child please sign them out on the attendance roll. All rolls will be kept at the First Aid tent.

What to bring:

- A healthy packed lunch and a snack
- Sun-smart hat
- Sun screen
- Bottle of water
- Asthma puffer (if needed)
- Warm clothing
- A book or card game

What not to bring:

- Balls
- Electronic games

Students can wear house colours with running shorts underneath.

Cook – Blue
Dampier – Yellow
Flinders – Red
Philip – Green

Age groups run the following distances:

- 8 year olds – 1000m – Short circuit
- 9 year olds – 1500m – Short circuit and Hill loop
- 10 year olds – 2000m – Short circuit (twice)
- 11/12 year olds – 3000m – Short circuit and Hill loop (twice)
FORREST PRIMARY SCHOOL 2016 Cross Country Carnival Payment

Preferred payment Option - Online Payment Facility

Fee Code: Cross Country 2016

☐ Via the Forrest Primary School website, using the “Payment” button located on the top ribbon. This will take you to a secure Westpac bank site where you can make a payment direct to the School’s Bank account. Payments can be made using a Credit or Debit card. Receipts are available on the site. Receipt Number:_______________

☐ I have enclosed $8.00 cash/cheque. All cheques must be made payable to Forrest Primary School. Cash payments need to be correct money please, as we do not have change.


________________________

PERMISSION NOTE
Forrest Primary Cross Country Carnival
Please return to school by Monday 25 March 2016

☐ I give permission for my child……………………………………………………………………… of class…………………… to attend the Forrest Primary Cross Country Carnival held on Monday 4 April at Stromlo Forest Park.

☐ I do not give permission for my child to attend the Forrest Primary School Cross Country carnival.

Please tick box/es below that are applicable:

☐ The school has my child’s 2016 medical form on file.

☐ I have made the payment of $8.00 online for my child attending the cross country

☐ I have enclosed $8 cash for the Cross Country Carnival

Name of Parent / Carer: (please print) .........................................................................................

Signature: ..........................................................

Date: ..................

Parent contact number for the day: ..........................................................