



24 September 2015

Dear Parent/Carer

Forrest Primary – Y 1 Swim & Survive Program

The Royal Life Saving Swim and Survive Program teaches children the importance of water safety and awareness. This year children will be given the opportunity to build on their swimming skills and develop safety awareness in and around water. Children will attend swimming lessons each day in their allocated time for the two weeks.

Any children not attending will be working on an alternate educational program at school.

Date:	Start date Monday 30 November
	Finish date Friday 11 December
Departure Time:	Bus Leaves Forrest Primary School at 9:05am
Return:	Approximately 10:30am
Destination:	Canberra International Sports and Aquatic Centre (CISAC)
Mode of Travel:	Bus
Staff member accompanying group:	Jordanna Bradshaw, Emma Heaven and Belinda Gough
Name of Coordinating Teacher:	Hayley Singh
Details of cost:	\$99.00 (includes transport & lessons)
Means of contact with the group:	Via Forrest Primary Front Office 6205 5644
Due Date for return of permission note:	Thursday 5 November

Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

Parents should be aware that staff members are not responsible for injuries or damage to property, which may occur on an excursion where, in all circumstances, staff have not been negligent. Parents should warn children of the risks to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.

Yours faithfully,

Year 1 Team

Forrest Primary – Yr 1 Swim & Survive Program

Please note that all permission notes need to be returned by **Thursday 5 November**
Please tick the appropriate box.

I give permission for my child..... of (class)
to attend the excursion to **Canberra International Sports and Aquatic Centre (CISAC)** from 30
November to 11 December 2015.

do not give permission for my child..... of..... (class)
to attend the excursion to **Canberra International Sports and Aquatic Centre (CISAC)**
from 30 November to 11 December 2015.

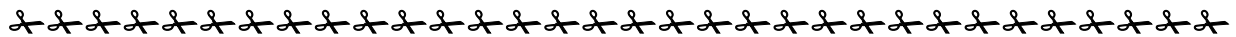
I have enclosed \$99.00 cash/cheque OR I have paid online

I have read the attached information regarding this excursion and understand the content.

Full name of parent (please print):

Signature of parent: Date: / /

Parent contact number for the day



Forrest Primary – Yr 1 Swim & Survive Program Payment

Preferred payment Option - Online Payment Facility

Fee Code: Swim Yr1

Via the Forrest Primary School website, using the "Payment" button located on the top ribbon. This will take you to a secure Westpac bank site where you can make a payment direct to the School's Bank account.

Payments can be made using a Credit or Debit card. Receipts are available on the site.

I have enclosed **\$99.00** cash/cheque

All cheques must be made payable to Forrest Primary School

Cash payments need to be correct money please, as we do not have change.



Dear Parents

An Excursion Medical Information and Consent Form is already held at Forrest Primary School for your child. To ensure that the information on this form is accurate and current, you are requested to advise the school immediately of any changes that should be reflected on the Medical Information and Consent form kept at the school and arrange to update the form.

The information you are requested to give will be used to record the student's medical, accident and other details. The contents and use of this form meet the requirements of the *Privacy Act 1998(Cwth)* and will be treated as confidential. This information will be made available to government or private medical or paramedical staff and other relevant officers in the event of an accident or emergency.

You have the right to keep certain medical information private, provided that the omitted information will not affect the provision of appropriate medical care. You are also entitled to check the record processed from the information you have provided, and to correct any inaccuracies.

Management of Medical Conditions

The directorate is committed to providing a safe and healthy environment for students. While school staff have a duty of care to students to provide first aid assistance when required, parents will be aware that schools cannot be responsible for the general management of medical conditions.

In special circumstances, staff may be able to assist with the administration of medication. In these cases, directorate policies require principals to ensure that a comprehensive written authority is obtained from the student's parents and also seek from them a written statement from the student's doctor authorising a member of staff to administer the prescribed medication.

First Aid Plans for Anaphylaxis, Asthma, Diabetes and Epilepsy

You are asked to inform the Front Office of any changes to your child's Medical Information and Consent form that is held at school. For students who are known sufferers of asthma, anaphylaxis, diabetes, or epilepsy, Emergency Treatment Plans must be completed, signed by both parents/carers and the student's doctor and provided to the school.

Proformas for these plans are available at the school's front office. In the absence of a written and signed Emergency Treatment Plan, only standard first aid can be given in an emergency.

Emergency Treatment of an Asthma Attack

Please read this section carefully and seek clarification from your family doctor if necessary. These plans will be followed where students require first aid treatment for their condition. If the student should suddenly collapse at school and/or have difficulty in breathing, as with all medical emergencies, professional help will be sought immediately.

Where indicated, a bronchodilator inhaler device ("puffer") will be administered while awaiting medical assistance, whether or not the student is known to have a pre-existing asthma or other health problems.

This treatment could be lifesaving and ACT Health (Department of Thoracic Medicine, The Canberra Hospital) advises that bronchodilator inhalers are safe and are accepted as a first line therapy to be used in the emergency procedures for asthma.

Anaphylaxis – Administration of Adrenaline by EpiPen or Similar Device

If your child suffers from anaphylaxis, you should obtain a written Anaphylaxis Treatment Plan signed by your doctor and yourself as parent or carer. In the absence of a written and signed Anaphylaxis Treatment Plan, only standard First Aid can be given in an emergency and staff will be unable to administer adrenaline. If your child is given adrenaline to treat an isolated anaphylaxis attack, it can help the anaphylaxis and is unlikely to cause any significant side effects.

Medical Services for Students attending ACT Government Schools

ACT Health advises that the following arrangements apply to students in ACT Government schools involved in school accidents requiring ambulance transportation and/or treatment in accident and emergency sections of either public hospital in the ACT.

Ambulance Transportation

Students injured while under supervision at school or in a school-related situation are transported free of charge to the emergency section of either public hospital in the ACT.

Parents and guardians of students who participate in excursions and other school trips outside the ACT should note that free ambulance transportation only applies in the ACT. Free ambulance cover does not apply to students in the Jervis Bay area of the ACT.

Parents and guardians are reminded to check their health cover for ambulance transportation outside the ACT.

Casualty Treatment

1. Under the Medicare arrangements no charges are raised for services provided at the accident and emergency sections of ACT public hospitals.
2. If a student is subsequently admitted to hospital after receiving treatment in the accident or emergency section, s/he will be automatically classified as a Medicare patient and no charge will be raised.
3. If you elect to have the student treated by a doctor of your choice, a hospital charge will apply. The doctor may also charge for their services. You are advised to have medical insurance if you wish to choose this option.

Your cooperation in informing us of any updates promptly would be appreciated.

Yours faithfully

Christine Pilgrim
Principal