

# FORREST PRIMARY SCHOOL



Newsletter Week 8 Term 4 2019

## Mission Statement

Forrest Primary School helps all of our students reach their full potential in a safe, loving, inspiring and challenging learning environment.

We strive to develop confident, compassionate, responsible children who are lifelong learners and can make the world a better place.

Our community is culturally diverse and we value and celebrate the perspectives, knowledge, skills and abilities all bring to our school.

## EXECUTIVE ADDRESS

### Shivoo

The end of year school concert 'Shivoo' was held last night with a huge turnout of parents, careers, staff and community members and of course the stars of the show – our children. Thank you to the people who helped organise the event and congratulation to each and every child who performed in front of an appreciative audience. A special congratulation to Methuli in Year 6 who received the prestigious David McCook award for demonstrated outstanding commitment to Forrest Primary School. Please see page 3 for photos.

### Culture Club Excursion

On Wednesday 4 December, Culture Club students attended an excursion to the National Arboretum. While they were there, they visited the Mununja Butterfly Garden which depicts a dreamtime story of the Ngannawal people, the custodians of the land that includes Canberra and the site of the National Arboretum. The Culture Club students also walked through the Bush Tucker Garden and played in the Pod Playground. Thank you to the parents who volunteered to help on the day and that you also to Ms O'Brien, Mr Hadrill and Mrs McMullen for organising the event. On Monday, from 3:00—4:15, Culture Club students and their families are invited to attend the end-of-year Culture Club Celebration in the Library. Afternoon tea will be provided. There will also be a children's performance and children's certificate presentation. Thank you to everyone who has been involved in Culture Club this year and we look forward to all the exciting adventures we have planned for 2020.



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## DATES TO REMEMBER

Telopea Orientation  
9 December

Culture Club Celebration  
9 December, 3:00pm

Volunteer Breakfast  
11 December, 8:45am

Reports sent home  
12 December

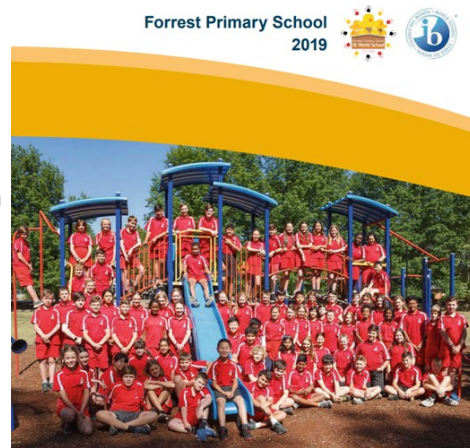
Year 5 Mini Exhibition  
16 December, 8:30am

Year 6 Graduation Events  
17 December

**LAST DAY OF  
TERM 4:  
THURSDAY  
19 DECEMBER**

## Year 6 Wrap Up

As the year comes to an end, Year 6 students and teachers are busy planning the final events in their calendar. The Year 6 Graduation Ceremony will be held on Tuesday 17 December with the Dinner & Dance event held that evening at the Hellenic Club. Year 6 students will also host the farewell assembly, to which all parents and community members are invited, on Tuesday 19 December, the last day of school. We want to give a special thank you to the classroom teachers, Ms Bauer of 6B, Mr Heap of 6H and Ms Davis of 6D, for all your hard work and dedication to providing excellent education for students throughout the year. We wish you all the best for the end-of-year events.



## Parent Forum—Students with Additional Needs

On Wednesday 4 December we held a Parent Forum for parents of students with additional needs. The meeting was well attended with many parents and carers offering important information and ideas to help improve our programmes. Thank you to everyone who attended. We will be posting feedback from the meeting to Seesaw next week.

## Farewell Madam Evelyn

This week we farewelled Madam Evelyn, who has taught French at Forrest Primary School as a part of the FOOSHC programme, for the past 27 years. We thank her for her wonderful commitment to education and wish her all the best with her move to Sydney.



## Sports Report

From Charles Fairfield-Smith, PE Teacher:

Forrest Primary School has been a hub of activity this term, with several activities taking place in our Health and Physical Education programmes. Students in Years 1 to 3 participated in the Royal Life Saving swimming programmes to get ready for these hot summer months. Students in Years 1 to 4 and K-6NH students have completed three tennis clinic sessions to learn some tennis basics. Students in Years 3 to 6 are participating in the Safe Cycle programme to learn about bike safety and basic riding skills. Finally, students in Year 5 are taking part in four orienteering clinics, combining their mapping and fitness skills to navigate around the school.

## PYP Consultant Visit

This Thursday and Friday, Primary Years Programme consultant, Helen Morshel, visited our school. During her visit, Helen worked closely with teaching teams and the PYP Coordinators, Jemma O'Brien and Kylie Dorsett, to enhance Units of Inquiry, plan for effective formative assessment and upskill teachers to improve student lead inquiry within their classrooms. Helen is an International Educator with 20 years' international experience as a teacher, middle management leader, principal and head of education. She is also an International Baccalaureate Professional Development Lead Educator, consultant, workshop leader, workshop developer and school visiting team leader. Helen believes that 21st Century education is dynamic, and teachers, school leaders and the school community need support to embrace the challenges of the times to enable them to become classroom facilitators and passionate learners. Educating for now requires a shift in focus from what we know....to how we learn and what we understand. It is the era of thinking conceptually and making connections that can be transferred beyond educational institutions. We thank Helen for her contribution to Forrest Primary School over the years and appreciate the expert knowledge she passes onto us so willingly.

Thank you,

Jemma O'Brien & Renee Berry  
on behalf of the Executive Team



# SHIVOO



# NOTICE



## **A message from the Minister for Education and Early Childhood Development**

In the ACT there are 88 public schools, over 49,000 public school students and around 3,800 educators. But of course, I understand that for each of us as parents, the most important school is the school our children go to. That's why I want to make sure that every public school is a great school. The ACT Government is upgrading and expanding public schools to make sure that learning environments are accessible and sustainable. The government is committed to ensuring that every public school has the infrastructure to support high-quality education and that's why the government has been investing more than \$115 million to upgrade public schools right across the Territory.

Here at Forrest Primary School the government has upgraded:

- Heating, ventilation and cooling systems to provide a more comfortable learning environment for students and staff. This work included the installation of mechanical cooling in some classrooms and passive ventilation implemented in others.
- Phone systems for high-quality communication technology at school. The entire phone system has been upgraded to a current-technology digital system. This work includes all new handsets, data cabinets an uninterruptable power supply and some re-cabling. This system is now the same as those found in ACT Government offices.
- Installed a security fence for school safety.
- Established an outdoor play area which is a space that provides for hands-on learning and play.

Every child and family has a place in ACT public schools regardless of their background or life circumstances. That's why this investment into public school infrastructure goes beyond just the basic things that allow learning and teaching to take place. The ACT Government invests in public schools to make sure that every student has what they need to be included, and to learn and develop their interests, passions and life skills.

The ACT Government has upgraded heating and cooling systems, reducing polluting emissions and making temperatures comfortable and conducive to learning in over 40 older public schools across Canberra.

The government has also purchased 3,300 Chromebooks to give to schools in February 2020 and upgraded classrooms, toilets, libraries, canteens and bike shelters, as well as gardens, landscaping and playground areas in schools to make sure that these spaces are positive and accommodating.

As Canberra grows, the government is making sure that schools grow with it. Every child has the right to access education and the ACT Government is making sure that this right is equally ensured for every young person.

**Yvette Berry MLA**



# ACTION CLUB

## Term 4 Action

Last week was the final Big Action Week of 2019 and another huge success. Students have passionately researched issues that are important to them and eagerly shared their knowledge with the school community. This Big Action Week covered a wide range of topics of interest and for some students was the culmination of many months' work. Thank you all for supporting these great causes and contributing throughout the year.

### Blood Cancer

We thank everyone who entered the jelly bean guessing competition and all who donated to support the Leukaemia Foundation in tackling blood cancer. We raised \$103.20. Our next action will be to help save the Gouldian Finch which is native to Australia. We can't wait to get started!

Thank you,

Lachlan & Corella (Year 3)

### Barnados Cake Stall

For all those who bought from or donated to the cake stall for Barnados Australia (a child protection charity). We raised \$273.25. I would like to thank ALDI Queanbeyan for their kind donation. I have been planning this for about a year and appreciate everyone's support in making it happen, especially Tilly and Mrs Kowalski for helping bake all the goods.

By Renuka (Year 5)



### Aboriginal Health

We raised \$309.20. Thank you everybody for participating in the raffle for Aboriginal health. We chose this because statistics show that Indigenous Australians on average have a shorter lifespan and suffer from more diseases than other Australians. We really appreciate your support and donations that will aid Red Dust, an organisation committed to promoting Indigenous health.

Thank you,

Emerald and Ava B (Year 4)

### Spotty Day for Cheetahs

Spotty Day was great fun. Well done to everyone who came dressed in spots. They looked like they loved it. We were raising funds for Cheetah Conservation Fund Australia because cheetahs are vulnerable. There are only 6800 left in the wild. We raised \$132.90.

By Maira & Abigail (Year 3)

### African Starvation

We raised \$167.25. Our group consisted of Malia, Lucy, Dhrishika and Bella. We fundraised for Childfund Australia who support malnourished and starving children. Everyone gave gold coin donations and dressed up as their idol. We enjoyed dressing up and collecting the money.

Thank you for all your donations,

Malia, Lucy, Dhrishika & Bella (Year 5)

# ACTION CLUB

## Iberian Lynx

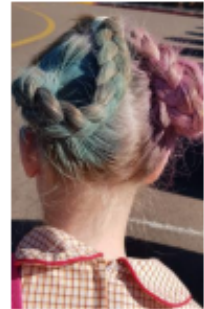
Thank you to everyone who donated to support the WWF and the Iberian Lynx. I chose to support this animal because there is only 400 or less of them left in the world. I raised a total of \$207.05.

Thank you,  
Simar (Year 4)

## National Zoo and Aquarium Conservation

Thank you for helping us to raise money for the National Zoo and Aquarium Conservation Team. We had fun looking at everybody's crazy hair. We loved choosing the winners, it was really fun seeing all crazy hairstyles. We raised \$227.80.

Thank you,  
Bonnie, Mila, Edith, Arianna, Liberty & Maddie (Year 2)



## Lunchtime Club for Junior School

This term we have been running a club for Juniors during Tuesday lunch time. We started it to give a wider range of activities to students during lunch time. Each week have done something different. Activities include sport, making stress balls and art.

By Noga, Olivia, Maddison & Julia (Year 3)

## St John's Care

We are collecting food and household items for St John's Care which is an organisation that helps people who don't have enough money for groceries. They can go to St John's Care for a meal. Christmas can be an especially stressful time for family finances and St John's Care also organises a Christmas lunch to support families. So far we have collected an extremely large number of items that will help make a big difference to people. Well done everyone.

By Maya, Sarah, Sabeen & Chloe K (Year 4)

## UPCOMING ACTION EVENTS

### Tuesday 10 December

There will be a Mufti Day to raise money for 'Ladder Up', a charity that raises money to develop spaces in remote indigenous communities to promote health and wellbeing. Gold coin donations will go towards purchasing a Greenhouse for a remote Indigenous community.



### Thursday 12 December

There will be a Mufti Day to raise money for The Australian Red Cross to help support all those who have been impacted by the recent (and ongoing) bushfires. Gold coin donations will provide comfort, hope, dignity and healing when it is needed the most.



# SCHOOL EVENTS

## Volunteer 'Thank You' Breakfast



When: Wednesday 11 December  
Time: 8:45-9:30 am  
Where: Forrest Primary School Library  
Parking: Street Parking - Hobart Ave or National Cct

We have appreciated the work of all our volunteers who have given so generously of their time providing ongoing support and encouragement to our students, staff and families this year.



# SCHOOL EVENTS

THE YEAR 5 CLASS OF 2019  
PRESENTS...

# MINI EXHIBITION



**PARENTS, CARERS, AND  
VISITORS WELCOME**

**DECEMBER 16, 8:30-10AM  
In the 5B and 5R classrooms.**



# SCHOOL EVENTS

## HOW WE EXPRESS OURSELVES

### How does Mini X work?

Each class has generated a unique central idea under the transdisciplinary theme How We Express Ourselves. Each student has written their own line of inquiry. From there, they have gone on to research and present their findings.

#### 5B

FREE EXPRESSION GRANTS  
THE POWER TO MAKE  
CHANGE.

#### 5R

SELF EXPRESSION BRINGS  
THE BEST AND WORST OUT  
IN PEOPLE.

#### 5T

PEOPLE HAVE POWER TO  
INFLUENCE ACTION.

## SCHOOL EVENTS

*Please Join Forrest Primary School for a*

# FAREWELL ASSEMBLY

IN HONOUR OF OUR  
YEAR 6 STUDENTS  
PARENTS AND COMMUNITY MEMBERS WHO HAVE MADE  
VALUABLE CONTRIBUTIONS TO OUR SCHOOL  
AND  
TEACHERS WHO ARE EMBARKING ON NEW  
ADVENTURES



*Thursday 19 December 2019*

*9:15am*

*Forrest Primary School Senior Hall*

# EVENTS COMMITTEE

Would you like to be a part of a committee that plans and runs events to bring our community together?

Have an idea for an event in 2020?

Would you like to meet members of our school community?

If, you said 'yes' to any of the above please come to our next meeting.



## FORREST PRIMARY EVENTS COMMITTEE MEETING

THURSDAY  
12 DECEMBER

AT 2:30PM IN  
THE SCHOOL  
STAFFROOM

FOR MORE INFORMATION,  
CONTACT NICOLE  
([NICOLE.RICHARDSON@ED.ACT.EDU.AU](mailto:NICOLE.RICHARDSON@ED.ACT.EDU.AU))  
OR  
CLAUDIA ([CLAUDIAMLAM@GMAIL.COM](mailto:CLAUDIAMLAM@GMAIL.COM))

The events committee is a joint initiative developed by the P&C and the Staff of Forrest Primary School



# BOOK PACKS

Book Pack lists were emailed this week!  
If you require a hard copy, please ask the front office staff.

Orders placed **on or before 8 December** will be delivered to  
Forrest Primary School **free of charge**.

Orders placed between **9 December—28 December** will be delivered to  
Forrest Primary School with a **\$12.95** delivery fee.

Orders placed **after 28 December** will be delivered to your **home address**.

## Finish First for Back to School.

Order your child's Back  
to School supplies  
through OfficeMax and  
Winc for a chance to  
**WIN back the cost of  
their requirements list!\***

[officemaxschools.com.au](http://officemaxschools.com.au)

\*T&Cs apply. See website for details.



**OfficeMax®**

**winc.**

# FUNDRAISING



Entertainment has changed its operations and is now only available digitally. However, we have one 2019-20 Membership Book left in stock which has been heavily discounted and is available for only **\$30!**

If you are interested in purchasing, please contact Cath on 0409 070 009.

**The New Digital Gift Membership** is now instantly available,  
is valid for 12 months from activation,  
and supports our fundraising efforts at Forrest Primary School.  
So everyone wins, especially Santa!

You can get the new Canberra, Australia wide (multi-city) or—for those venturing further afield—Aus/NZ/Bali membership at our payment page here:

**<https://www.entertainmentbook.com.au/orderbooks/25z707>**

## THANK YOU FOR YOUR SUPPORT!

Forrest Primary School

& Deakin Preschool

Catherine White

0409 070 009

cathian77@hotmail.com

FUNDRAISING WITH  
 *entertainment*

# SCHOOL & COMMUNITY CONTACTS

<b>General Enquiries:</b>	6142 1470
<b>Enrolment Enquiries:</b>	6142 1476
<b>Deakin Preschool:</b>	6142 2853
<b>Email address:</b>	forrestps@ed.act.edu.au
<b>Webpage:</b>	www.forrestps.act.edu.au
<b>Principal:</b>	Chris Pilgrim, christine.pilgrim@ed.act.edu.au
<b>Deputy Principals:</b>	Hayley Munsie, hayley.munsie@ed.act.edu.au Renee Berry, renee.berry@ed.act.edu.au
<b>Business Manager:</b>	Ann Hayres, ann.hayres@ed.act.edu.au
<b>School Board Chair:</b>	Bethany Lamont
<b>P&amp;C President:</b>	Jarrod Fitzgerald, president@forrestpandc.com.au
<b>P&amp;C Website:</b>	www.forrestpandc.com.au
<b>Forrest Out Of School Hours Care:</b>	6295 8985, info@fooshc.org.au



# COMMUNITY DIRECTORY



## **Ways to boost your financial wellbeing into 2020 and beyond**

- Set a goal to build an emergency fund of savings for a 'rainy day'.
- Do an audit of your credit cards, savings accounts, loans and insurances. You can then identify the accounts that may need closing, or you can perhaps consolidate your accounts/ loans.
- If you would like to find out your borrowing capacity, and/or how to boost your credit rating please contact us for a confidential, obligation free discussion.
- Service is free of charge as we are paid by your chosen lender on settlement of the loan.

**Contact:** Gillian Coles

**Mobile:** 0407 722 520

**Email:** [gillian@colesfinancesolutions.com.au](mailto:gillian@colesfinancesolutions.com.au)

**Qualifications:** MFAA Credit Advisor, BA Comm, Dip of Finance and Mortgage Broking Management, Cert IV in Finance and Mortgage Broking

\* We happily donate \$200 per home loan to the Forrest Primary School (after settlement). The referred loan needs to be referred from the Forrest Primary school community and needs to be over \$200,000.

# COMMUNITY DIRECTORY

## CHRISTMAS SCHOOL HOLIDAYS TENNIS CLINIC

CLINIC 1: Friday 20 December, 8:00am—4:30pm

Red Hill Tennis Club

CLINIC 2: Monday 23 & Tuesday 24 December, 8:00am—6:00pm

Astrolabe Street, Red Hill

- ◆ Students Kindergarten-aged—17 years old
- ◆ All skill levels
- ◆ Professional, credentialed coaching staff
- ◆ Total stroke development – ‘beginners will be serving overarm by the end of the clinic!’
- ◆ Trophy singles tournament
- ◆ Doubles training and tournaments
- ◆ McDonald’s lunch
- ◆ Santa Claus appearing and handing out toys!
- ◆ Great range of lunchtime activities, prizes galore, and heaps of fun!

To enrol, call Matt McDonald, professionally qualified Level 2 tennis coach, on 0412 565 137

Enrolment forms available from the Forrest Primary School front office



# COMMUNITY DIRECTORY



**Here to assist any  
person who wants  
information or to  
chat about  
parenting**

Call us  
6287 3833  
9am-5pm

## **Tennis Canberra 2020 Junior Summer Registrations Now Open!**

- Play at an official Tennis Canberra Club
- Taught by Tennis Australia Coach Professionals
- Walk-To-Tennis: After-school program (selected schools)
- Groups for all ages & abilities
- Weekend competition options available
- Join the January Summer Swing Sessions for FREE when signing up for a 2020 Summer Coaching Package

**Registrations:** [www.tenniscanberra.com.au/junior-tennis](http://www.tenniscanberra.com.au/junior-tennis)

## **Tennis Canberra Holiday Tennis Camps - Old Parliament House Tennis Club**

- 20—22 January & 29—31 January
- Play in the beautiful Old Parliament House Tennis Club Rose Gardens
- Morning, half-day and full-day options

**Reserve your place:** [www.tenniscanberra.com.au/holiday-program](http://www.tenniscanberra.com.au/holiday-program)

## **Contact Tennis Canberra**

Website: [www.tenniscanberra.com.au](http://www.tenniscanberra.com.au)  
Email: [play@tenniscanberra.com.au](mailto:play@tenniscanberra.com.au)  
Phone: 0416 186 121



- Barton Tennis Club
- Erindale Active Leisure Centre (Tuggeranong)
- Majura Tennis Club (Dickson)
- Old Parliament House Tennis Club
- Reid Tennis Club
- Turner Tennis Club
- Wesley Tennis Club (adj. Telopea Park School)