

FORREST PRIMARY SCHOOL



Newsletter Week 10 Term 1 2019

Mission Statement

Forrest Primary School helps all of our students reach their full potential in a safe, loving, inspiring and challenging learning environment.

We strive to develop confident, compassionate, responsible children who are lifelong learners and can make the world a better place.

Our community is culturally diverse and we value and celebrate the perspectives, knowledge, skills and abilities all bring to our school.

EXECUTIVE ADDRESS

Generation IB—IB Global Conference 2019, Hong Kong

At the end of March, Candice Kingston and Nicole Richardson attended the IB Global Conference in Hong Kong. The theme for the conference was Generation IB. One of the key messages they took from the conference was the importance of future-proofing our schools, students and education system. This means teaching students skills for jobs that do not exist yet, teaching our students to become more resilient to combat social media and technology that is already pressuring Generation Alpha (students born after 2010), and a shift from content delivery to capability building.

If we teach our students today like we taught them yesterday, we rob them of tomorrow.

—John Dewey, 1916

They discovered that the biggest gaps in today's society and for the future will be originality and creativity. The main difference that will set us humans apart from A.I (artificial intelligence) will be our human souls and our unique human abilities to create and innovate. It is these capabilities that the IB lends itself to creating and promoting.

In today's society, 40% of students would rather lose a finger than their phone. Our challenge as educators and parents is to teach our children how to 'unplug' so they can hear their own thinking.

Resisting change is like trying to hold your breath. Even if you're successful it won't end well.—Lau Tzu



Inside this issue:

Executive Address— IB Global Conference	1
Executive Address— Staffing Update Anzac Day Assembly Cross Country Carnival Sammie Wood Kinder Focus Group	2
Executive Address— Year 5	3
Executive Address— End of Term 1	4-5
Library	6
School Events— Cross Country Carnival	7
School Events— Rakugo	8
Parent Reps	9
Fundraising— Grill'd	10
Fundraising— Entertainment	11
Sun Smart Competition	12
School Crossing	13
Transport	14
Merit Certificates	15
Contacts	16
Community Directory	17-19

Dates to remember

- Term 2 starts—29 Apr
- Year 6 Parliament House
—29 Apr
- Year 1 Blundell's Cottage
—9 May

Notes to return

- Year 1 Blundell's Cottage
—1 May

Staffing Update

Jeremy Haddrill will be taking leave for Term 2. Cara Tink-Evans will be moving from the Small Group Programme (Learning Support Unit) to 2H as this provides continuity for Year 2 for the whole year and suits Cara's skill set. There is now a tandem arrangement on the Small Group Programme with Lucy Nicol and Carolyn Waters. Carolyn is very experienced and will be a mentor to Lucy. For that reason, we are resourcing the SGP for one extra day so that Carolyn and Lucy can work in team.

The tandem arrangement for 4KD with Candice Kingston and Kylie Dorsett will continue.

We have contracted an additional Learning Support Assistant (LSA) to Kindergarten and Year 1.

Warren Brompton is back part-time on 3B after a difficult term of illness for him. Carol Rudnicki will continue to work on the class in tandem with Warren Brompton. Warren hopes to work full-time in Term 2.

Lost the note or forgotten to pay?

We're still welcoming payments for the following events:

- **Swimming Carnival (\$10)**
- **Cross Country Carnival (\$8)**
- **Rakugo—Japanese Storytelling (\$3)**
- **Year 5 Sexuality & Relationships Education (\$15)**
- **Year 6 Sexuality & Relationships Education (\$15)**

Any contribution you're able to make would be much appreciated, and will help to cover the costs of these events.

Anzac Day Commemoration Assembly

The Anzac Day Commemoration Assembly will be held on Monday 29 April (the first day of Term 2), commencing at 10:10am. All parents, carers and community members are invited to attend.

Cross Country Carnival

Congratulations to Mr Fairfield Smith and Mrs Keeley on running successful cross country events for the senior and junior students. The senior students enjoyed beautiful weather at Stromlo Forest Park, and the house captains are to be commended on their leadership, enthusiastically encouraging their house groups to cheer on their runners with house chants and dance-offs. Hearty congratulations to our competition place-getters and everyone who participated... even the kangaroos enjoyed our visit. Thanks to the Telopea Park School students who assisted the staff with running the senior event and to our wonderful parents and carers who came to support the students. See page 7 for photos.

Sammie Wood

Congratulations to Sammie Wood, one of our fabulous Year 4 teachers, who has been selected for the national women's rugby squad, the Wallaroos. Sammie currently plays for the Brumbies women's rugby team. Congratulations, Sammie, on your hard work, dedication and for being a positive role model for our students. Good luck at the selection camps.



Kinder Focus Group

Thank you to the parents who attended the Kindergarten Focus Group last week. Some of the steps we will take to improve your child's school experience include the use of Seesaw to highlight what students are learning and sending notes and information home electronically.

New Initiative: Data Summaries and Parent Forums at Forrest Primary School

At the end of Term 1, a forum was held for Kindergarten parents in which they talked about what was working well and what could be improved. This session kicked off our Parent Forum programme for the year. Parent Forums are an integral part of parent/school communication, and are a part of the Forrest Primary School culture. To further improve communication between home and school, we will be providing data summaries before each year level forum. These data summaries will be an account of what has been studied, the assessments that have taken place and the data that has been collected. This week we begin with Year 5.

Year 5 Data Summary

With Term 1 complete and teachers looking towards the assessment schedule of Term 2, we are taking an opportunity to communicate with parents about what has been achieved, and what we are looking forward to next.



Camp was a wonderful way for Year 5 students to begin the year, and strengthened the relationships between classmates and teachers. Although it requires a high level of commitment from teachers, we appreciate this time with our students, and learn a lot about them. Seeing them in challenging circumstances allows them to reveal attributes such as resilience, work ethic and kindness, and gives us an insight into how they relate to others in a less structured environment.

As the reputation of Forrest Primary School has grown in the community, so too have our numbers. This has meant that in Year 5 this year we have classes approaching 30 students. Although there are challenges presented by larger classes, there are also benefits, with more opportunities to work with like-minded students, make friends and learn from a diverse range of peers. The mood in our Year 5 classrooms is calm, focused and positive. Students are becoming adept at collaboration—a cornerstone of a PYP education—with students grouping and regrouping for different purposes during the day, as well as having time to work individually. When our students collaborate, teachers are supporting and assessing the skills of turn-taking, listening and contributing, synthesis of others' ideas, and respectful disagreement. The expectation is that students are on task, and observational data is collected about student motivation, pacing and independence.

As students have delved deeply into concepts around resource management in their inquiry into Sharing the Planet, they have developed knowledge and skills. Knowledge that has been taught and assessed has included:

- geographical knowledge of the Murray Darling, the Colorado and the Mekong rivers
- the science behind water and land management
- adaptation of animals and the impact of changing environments to animals
- liveability, climate zones and characteristics of place
- the impact of population, industry and farming practices

Skills that have been taught and assessed in this Unit of Inquiry include:

- reading maps
 - locating important information in texts including scientific reports and documentaries
 - writing information texts, reflections and persuasive texts including the grammatical features of these text types
 - synthesising information from multiple sources
 - reading data including graphs
 - understanding multiple perspectives
- critical thinking: justification

Separate to the Unit of Inquiry, knowledge and skills in Mathematics and English have been developed and assessed. These include but are not limited to:

- fractions (half, quarter and eighths, equivalence)
- decimals and their relationship to fractions
- problem solving skills
- mathematical concepts of generalisations, pattern recognition, balance, units and proof
- mathematical skills of visualisation, using manipulatives, creating tables, images and using simpler numbers
- place value
- mathematical vocabulary including symbols
- spelling rules and patterns
- identification and application of nouns, verbs, adjectives and adverbs
- features of narrative texts
- techniques for narratives including employing writerly voice, description and dialogue

This data is collected on an on-going basis and informs teachers of what they need to focus on with the group, and with particular students, whether with extension or support. The data is collected via bookwork, conversation, rubrics and checklists, summative tests and work samples. Teachers discuss student data during weekly collaborative meetings, and through Professional Learning Communities, in which teams get together each week and analyse data collected against goals. This term in PLCs, the Year 5 teacher goal was to improve writing through various strategies. Teachers have seen pleasing growth, with a big focus placed on grammatical structure, and writerly skills such as dialogue, description and humour. Data is collected in line with the assessment schedule, and is then used not only for further teaching, but also for reporting. This data is also used to inform the Forrest Primary School Response to Intervention (RTI) program, making sure that all students identified at risk of achieving less than year level benchmarks are provided with small group support teaching them targeted skills.

To continue the conversation about data, assessment and learning, the leadership team would like to invite all Year 5 parents and carers to attend a Parent Forum on Friday 10 May at 9:15am in the staffroom. Come and share your ideas with members of the leadership team over a cup of tea and a biscuit. Each year level will have the opportunity to participate in a Parent Forum. We have already completed the Kindergarten Parent Forum and will roll out others as the year progresses. If you have any questions regarding the Parent Forum, please contact Kylie Dorsett or Jemma O'Brien via the front office or email kylie.dorsett@ed.act.edu.au or jemma.o'brien@ed.act.edu.au.

End of Term 1

The executive team would like to congratulate all the students for the way they have applied themselves to their learning this term and their exceptional behaviour and positive attitudes. As we all know, Term 1 has many interruptions that are unavoidable, but it has been wonderful to see all our students embrace these interruptions. On behalf of the staff at Forrest Primary School, we wish you a happy Easter holiday.

Executive Address by Nicole Richardson

YEAR 5 PARENT FORUM

Date: **Friday 10 May**

Time: **9:15am**

Place: **Staffroom**



NUDE FOOD TIPS

Tip #3: Nude Food is Healthy

Often low-waste choices are much better for us than pre-packaged ones. Fresh banana is much healthier than dried, and a simple bottle of tap water beats juice poppers every time!

If you have a nude food tip, sustainability idea for our school, or some other feedback on the topic, please email me at samuel.bird@ed.act.edu.au

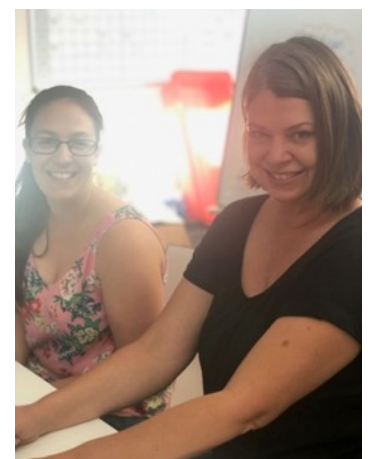
Sam Bird, on behalf of the Sustainability Committee



What is Forrest Primary School staff proud of this term?



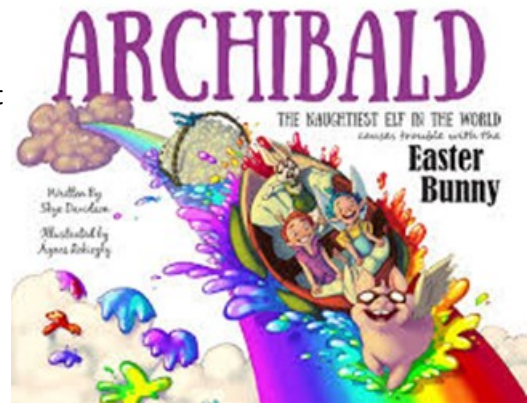
- Building positive relationships
- Sharing ideas
- Inquiry knowledge
- Developing routines
- Collaboration
- The support we give each other
- Developing programmes
- Our students' growth
- Staff-parent communication
- Student enthusiasm for learning
- The way in which we are using our spaces
- Knowledge gained from attending PL
- Developing organisation systems
- Team work



LIBRARY

Author Visit

Skye Davidson, author of *The Naughtiest Elf* series, launched her latest book, *Archibald, The Naughtiest Elf in the World Causes Trouble with the Easter Bunny*, with the excited and enthusiastic Year 1 and 2 students on Thursday in our school library. The book is beautifully illustrated by Agnes Rokiezky. Thank you to Skye, Agnes and Jennifer from Elephant Publishing who organised the free visit.



Library News

Many thanks to our wonderful parent and carer volunteers for all your help in the library and for covering books at home this term. The students, families and staff are really enjoying the new books. A big thank you for your generous Voluntary Contributions to the Library Trust Fund which provides the budget for the purchase of books for our students. We supplement this with commissions from the Book Club and Book Fair purchases, as well as parent and carer donations.

The annual Chief Minister's Reading Challenge has commenced, and all students are registered. Students in Pre-school—Year 3 will complete their reading challenges in class time. Students in Years 4—6 will receive an individual reading log early next term to record their 15 books. The Challenge finishes in early September, and all participants will receive a certificate from the Chief Minister. We hope to keep up our terrific record of 100% participation from Preschool to Year 4 in order to receive book vouchers from the generous event sponsors, Paperchain Books in Manuka. We also hope to increase our Year 5 and 6 participation this year. The Chief Minister is very happy for children to read a variety of books, especially home language books.

Students, parents and carers are able to borrow books for holiday reading from the Library. We encourage all overdue books to be returned as soon as possible for the enjoyment of other library users. Happy Holiday Reading!

Ms McMullen
Teacher Librarian

SCHOOL EVENTS



CROSS COUNTRY CARNIVAL 2019



SCHOOL EVENTS

‘Rakugo’—Japanese Storytelling Performance

On Monday 8 April , Jarrod Hoare visited Forrest Primary School and entertained us with Rakugo, Japanese story-telling. Jarrod is a bilingual performing artist, who educates and inspires. We were fortunate Jarrod tailored his interactive performances and workshops to suit the needs of our students. He spoke in both Japanese and English, and students were excited and delighted by his cross-cultural perspectives.

Jarrod is also a passionate educator and has been invited to perform ‘Rakugo’ at the Tokyo Olympics in 2020. Jarrod commented on how perceptive and creative our students were during the workshops. The students also enjoyed the teachers’ impromptu performance of Rakugo.



PARENT REPS

I'm sure you're all wondering what's happening with the Parent Reps this year... It's already the end of Term 1!

With the increase in the number and variety of communication methods now available for parents to keep up with what's happening at school (Facebook, Seesaw, newsletter etc), the role of the Parent Rep has changed. In addition, it has been found in the senior years that parents know the Forrest Primary drill, know many of the parents and teachers, and have formed their social groups so the Parent Rep is being called upon less and less. Hence, after much discussion between the executive team and the P&C, it has been decided that Parent Reps will only be required for the junior years (Kindergarten—Year 2). The role will be an informal one with the main purpose being to strengthen channels of communication between teachers, parents and students, which is particularly important during those first few years of school. This may occur through organising social events where parents and students can get to know each other, assisting the class teacher with organising reading groups, or helping with school excursions. Your Parent Rep will be in touch shortly.

So, thank you to all those parents who have been amazing Parent

FUNDRAISING

We've been selected to participate in Local Matters at Grill'd Manuka this April!

Local Matters is the Grill'd community donation program that sees each Grill'd restaurant donate \$500 back into the community every month. The donation is split between 3 local community groups \$300 / \$100 / \$100.

HOW YOU CAN HELP?

We'd love your support in receiving the highest \$300 donation! Simply head to Grill'd Manuka during April for a burger and pop your Local Matters token in our jar. The group with the most tokens at the end of the month receives the largest donation.

It's a simple (and delicious) way to show your support!

You'll find us on a jar at Grill'd Manuka, 40 Franklin St Manuka.

LOCAL MATTERS

GRILLD.COM.AU/LOCALMATTERS ~ #GRILLD



FUNDRAISING



The new 2019-20 Entertainment Membership is here just in time for the school holidays!

What better time to purchase one and *Save Save Save* with so many exclusive offers! It's the best membership yet, packed with amazing deals for activities, attractions, shopping, travel and all kinds of tasty treats—from cool cafes to fabulous fine dining.

With Entertainment, there are thousands of experiences you can enjoy, while at the same time helping to raise funds for our school and preschool.

[CLICK HERE TO ORDER NOW.](#)

"The Entertainment Membership is such great value. With so many amazing savings. It pays for itself after only a few purchases. There is something for everyone – casual and fine dining, adventure and family activities. The new phone app makes it so easy and, I get to support a good cause." – Sara M. ACT



FUNDRAISING WITH
entertainment

THANK YOU FOR YOUR SUPPORT!
Forrest Primary School & Deakin Preschool
Catherine White
0409 070 009
cathian77@hotmail.com

FORREST PRIMARY SCHOOL NEWSLETTER

SUN SMART COMPETITION

Design-a-Sleeve Competition Winners

To support the school's sun smart policy, students were recently invited to grab their pencils, crayons and markers, and let their imaginations shine to design a pair of sun protective arm sleeves. The competition, generously sponsored by *Crazy Arms*, was open to all students, with a free pair of *Crazy Arms* (to complement our school colours) being awarded for the best original design in each year group (Kindergarten – Year 6).



Thank you and well done to everyone who entered! It was wonderful to see so many fabulous designs, and the judges, Principal Chris Pilgrim, Executive Teacher Nicole Richardson & Board Member Cath White, certainly had a difficult time selecting the following winners from over 150 entries.

Congratulations to the following students!

Jake (KA)	Jacob (1R)	Bonnie (2H)	
Jacob (3K)	Lucas (4W)	Chloe (5R)	Sienna (6B)

Their designs will be sent off to the *Crazy Arms* team, who are based in Sydney, for the final judging. One student's design will be selected to inspire a limited edition release, which will be featured on the *Crazy Arms* website during Term 3—an amazing opportunity! The winner will also receive two free pairs of their design.

A reminder: to help parents and kids in the quest to reduce the risk of sun damage, Forrest Primary School families can receive a **15% discount on any Crazy Arms purchase**. Available in three children's sizes and one adults' size, the sleeves can be worn by the whole family. They are available in a variety of colours including plain red or yellow & white stripe in keeping with the school colours. For out-of-school play there are other fun designs to choose from. Simply click on the link: <https://crazyarms.com/discount/FPS15> which will insert the discount code automatically, or just type in FPS15 at the check-out. If you experience any problems, please contact: hello@crazyarms.com

Crazy Arms is 100% owned, designed and made in Australia

SCHOOL CROSSING

School Crossing Supervisor

A school crossing supervisor is supporting our school each morning and afternoon to increase safety for children. Please support this initiative by encouraging children to use the supervised crossing and driving appropriately in the vicinity of the school.

The crossing supervisor is responsible for controlling a busy environment during the peak periods, which includes managing the flow of pedestrians, cyclists and cars. Please be patient, polite and respectful to any supervisor on the crossing, they are committed to keeping our students safe.



It is also important for motorists to drive at a speed which allows them to safely stop when the supervisor enters the road. Motorists should wait until all pedestrians, including the supervisor, are completely off the road prior to driving over the crossing.

The School Crossing Supervisor program is delivered by Transport Canberra and City Services' Schools Program. If you have any feedback about the program, contact TCCS directly rather than raising concerns with our supervisor.

School Crossing Survey

A School Crossing Supervisor program was introduced in the ACT in 2018 at a selection of school crossings. School crossing supervisors ('lollipop people') assist children to cross roads safely by directing traffic with a stop sign and providing instructions to students.

To help determine if the program is successful, Transport Canberra and City Services (TCCS) has engaged First Person Consulting to evaluate the School Crossing Supervisor program. One of the ways they will be doing this is through surveys to help capture attitudes to children travelling actively (i.e. walking or riding) to primary school.

To complete the survey please copy and paste the following link into your browser:

<https://www.surveymizmo.com/s3/4828046/School-Crossing-Supervisor-Survey-Participating-Feb-19>

The survey should take about five minutes. The survey will not collect any identifiable information, and all responses will be kept confidential. You may have completed a similar survey last year. Please note that this is a follow up survey and we would appreciate your input again.

Thank you in advance for your time in completing this survey. If you have any questions, please contact TCCS' Schools Program.

TRANSPORT

The ACT Government is introducing a new integrated public transport network for Canberra for the beginning of Term 2, 2019. This network will include bus and light rail services operating together to give Canberrans more options to use public transport, every day of the week.

As part of this change, the way students will get to school by public transport will change from Term 2, 2019. Some students will use different routes, make connections between services or use light rail for the first time. Every student who will use public transport needs to be aware of the changes.

What do you need to know

Bus services will change for the beginning of Term 2.

- The change to services will include dedicated school services for the commencement of Term 2 on 29 April 2019.
- The new timetable information will be available on line from early March, including an improved online journey planner.
- Information about services for each school is available online at www.transport.act.gov.au/getting-around/new-network/schools.
- Light rail services are being tested now, and you can find out more about safety for pedestrians, cyclists and drivers around light rail online at www.canberra-metro.com.au/safety.

For more information about the changes or assistance in explaining the changes to your community, please contact Kylie Smith, Transport Canberra School and Community Liaison Manager, at kyliea.smith@act.gov.au.

GPO Box 158 Canberra ACT 2601 | Ph: 132 281 | www.act.gov.au

TRANSPORT CANBERRA'S NEW PUBLIC TRANSPORT NETWORK STARTS

WE'RE CONNECTING CANBERRA

From Monday 29 April 2019 our transport network will be transformed.

Routes and timetables will change to deliver a better, more connected transport network by having light rail and more buses, more often, 7 days a week.

To find out how Canberra's network is changing or to plan your future trip, visit transport.act.gov.au



CANBERRA
IS BETTER
CONNECTED



ACT
Government



Transport
Canberra

MERIT CERTIFICATES

Congratulations to the following recipients of merit certificates!

These were presented at the junior assembly on Friday 5 April.

KA

Georgette
Marley
Max K.
Sarah

1KH

Cooper
Frankie
Sarah
Wayne

2C

Tai
Thomas W.
Zia

KB

Austin
Hayden
Leilani
Sasa
Sophie

1O

Dom
Mohamed
Sofia

2H

Caua
Mila B.
Om
Varya

KT

Aiden
Dan
Sophie

1R

Aabi
Jayden
Kalila

2K

Adam
James
Liberty



SCHOOL AND COMMUNITY CONTACTS

General Enquiries:	6142 1470
Enrolment Enquiries:	6142 1470
Deakin Preschool:	6205 6288
Email address:	forrestps@ed.act.edu.au
Webpage:	www.forrestps.act.edu.au
Principal:	Chris Pilgrim, christine.pilgrim@ed.act.edu.au
Deputy Principals:	Hayley Singh, hayley.singh@ed.act.edu.au Renee Berry, renee.berry@ed.act.edu.au
Business Manager:	Ann Hayres, ann.hayres@ed.act.edu.au
Board Chair:	Michael Nobelen, menobelen@gmail.com
P&C President:	Jarrod Fitzgerald, president@forrestpandc.com.au
P&C Website:	www.forrestpandc.com.au
Forrest Out Of	6295 8985, info@fooshc.org.au

COMMUNITY DIRECTORY



Tips on how to manage your money better in 2019!

- Write down your financial short and long term goals.
- Take the time to put together a detailed and realistic budget, and stick to it!
- Write down your savings goals and set up an automated savings direct debit system to work towards these goals.
- Do you have an emergency account/ access to funds? This is a great concept to provide you with peace of mind if a curveball gets thrown your way. ie car breaks down, unexpected medical bills etc.
- Ask your current lender for an interest rate review. This is very easy to do and can often equate to an interest rate reduction on your current home loan. The good news here is you can potentially save money without paying refinancing costs. Feel free to speak to Gillian about this if you are unsure or need guidance.
- If you are juggling multiple debts, ie home, car, personal loan and credit card debt it may be better to roll these debts into your home loan. Please speak to a professional mortgage adviser before making these changes to ensure that you are indeed saving money before making the change.
- If you need any assistance with any of these points or a review of your current home loan, please feel free to contact Gillian Coles (who is a Forrest Primary school parent like you) for a complimentary home loan review.

Mobile: 0407 722 520

Email: gillian@colesfinancesolutions.com.au

Qualifications: MFAA Credit Advisor, BA Comm, Dip of Finance and Mortgage Broking Management, Cert IV in Finance and Mortgage Broking

COMMUNITY DIRECTORY



RED HILL TENNIS CLUB

Easter School Holiday Clinic

Monday 15 April—Thursday 18 April

8:00am—1:00pm (half days) or 8:00—6:00pm (full days)

- ◆ Students Kindergarten-aged—17 years old
- ◆ All skill levels
- ◆ Professional, credentialed coaching staff
- ◆ Total stroke development – ‘beginners will be serving overarm by the end of the clinic!’
- ◆ Trophy singles tournament on Thursday
- ◆ Doubles training and tournaments for full-day students
- ◆ Free racquet hire
- ◆ Easter egg hunt
- ◆ Prizes galore, new friends and heaps of fun!
- ◆ Less than \$5 per hour for full-day students

To enrol, call Matt McDonald, professionally qualified Level 2 tennis coach, on 0412 565 137

COMMUNITY DIRECTORY

CLOTHES SWAP & other eco ideas

Join us to make a sustainable statement!

Bring up to 5 winter items (womens|mens|childrens clothes & accessories) that are in good condition to donate. Browse through our market, grab an ethical shopping guide and meet our volunteers who can help repair loved items or create something new!

Saturday, 11 May 2019

2pm-4pm

11 Currie Crescent, Kingston

Gold coin for every market purchase
with proceeds to Queanbeyan Nurturing Womanhood.
Refreshments will be available to purchase and free parking is provided.

Stay connected to our facebook page for announcements about this event.

Facebook: [clothesswapcanberra](#)

www.curriecrescent.org

community@canbap.org | 02 6295 9740

Supported by

Canberra
Baptist
Church