

Forrest Primary School

9 Hobart Avenue, Forrest ACT 2603

Phone: 02 6142 1470

Email: [forrestps@ed.act.edu.au](mailto:forrestps@ed.act.edu.au)

Website: [www.forrestps.act.edu.au](http://www.forrestps.act.edu.au)



24 September 2019

YEAR 1 SWIM AND SURVIVE (1O)

Dear Parents / Carers,

Forrest Primary School is excited to offer students the opportunity to develop essential life skills in water safety and survival through Royal Life Saving ACT. The Royal Life Saving Swim and Survive program teaches students the importance of water safety and awareness and provides an opportunity for them to build on their swimming skills.

Students will attend swimming lessons each day in their allocated time for the two weeks. Any students not attending will work on an alternative educational program at school.

To assist with smaller swimming groups, students have been split into two groups depending on the first letter of their surname (Group A-L and Group M-Z).

To ensure your child’s inclusion in this year’s program, please complete:

1. The attached **school permission note** and return it to school by **Tuesday 29 October 2019**

2. The Royal Life Saving **online registration form** by midnight on **Tuesday 29 October 2019**

**PLEASE NOTE: all payments are to be paid directly to Royal Life Saving ACT upon registration.**

**Payments cannot be made to Forrest Primary School.**

Date: **Monday 11 – Friday 22 November (Weeks 5-6)**

Time: Group A-L depart 11:00 return 12:15

Group M-Z depart 11:30, return 12:30

Location: Canberra Olympic Pool, Civic

Transport: Bus

Coordinating teacher: Ilana Keeley

Accompanying teachers: Ilana Keeley, Ruqayyah Omari, Meg Ryan and Emma Heaven

Cost: $110.00 (includes transport & lessons)

Means of contact with the group: via Forrest Primary School front office on 6142 1470

Permission note due date: **Tuesday 29 October 2019**

**Student Welfare: Expectations and Consequences for Inappropriate Behaviour**

Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities.

Parents should be aware that staff members are not responsible for injuries or damage to property, which may occur on an excursion where, in all circumstances, staff have not been negligent. Parents should warn children of the risks to themselves, to others and to property, of impulsive, wilful or disobedient behaviour. Students who indulge in such behaviours may be sent home.

**Excursion Medical Information**

An Excursion Medical Information and Consent Form is held at Forrest Primary School for your child. To ensure that the information on this form is accurate and current, you are requested to advise the school immediately of any changes that should be noted on the Medical Information and Consent form kept at the school and arrange to update the form.

This information will be made available to government or private medical or paramedical staff and other relevant officers in the event of an accident or emergency.

School staff have a duty of care to provide first aid assistance when required, therefore for students who are known sufferers of asthma, anaphylaxis, diabetes or epilepsy, a current Emergency Treatment Plan must be completed, signed by both parents/carers and the student’s doctor and provided to school. If there is no treatment plan, we are unable to take the child on any excursion including camp.

Regards,

Nicole Richardson

Please complete this **SCHOOL PERMISSION NOTE**

as well as the **ONLINE REGISTRATION FORM** (details on the next page)

**SCHOOL PERMISSION NOTE – please return to school by Tuesday 29 October 2019**

**………………………………………………………………………………………………………………………………………………………………….**

**YEAR 1 SWIM AND SURVIVE (1O)**

Please tick the appropriate box:

**I give** permission for my child \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of class 1O

**I do not give** permission for my child \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of class 1O

to attend the Royal Life Saving ACT Swim and Survive program at Canberra Olympic Pool from **Monday 11 – Friday 22 November (Weeks 5-6).**

I have read the attached information regarding this excursion and understand the content.

Parent name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent contact number on the day: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



Dear Parent/s,

Please read the following important information below.

You will need to register your child for participation via Royal Life Saving ACT’s dedicated schools’ programs website (**the permission note issued by the school will not enrol your child into the program**). Instructions on how to register are provided below.

If you do not have online access, hard copy forms are available at the front office.

Hard copy forms should be returned to school no later than **Tuesday 29 October 2019**

**Our Program**

Our program will begin on **11 November 2019** and end on **22 November 2019.**  Students will attend a 30-minute lesson each day for 10 days. Our program will be held at CANBERRA OLYMPIC POOL (Civic). You are more than welcome to attend and observe your child’s progress throughout the program, please be aware that there may be a spectator fee charged to watch your child.

**Payment**

Payment for the program will be made online at the time of registration unless otherwise arranged with the school. Please talk to the school if you are unable to pay on line (i.e.; no credit card), you will be issued a unique voucher number after payment to the school has been made. Cost of the program is $110.

**Student Registration**

To register online please follow this link [**www.royallifesavingact-enrol.com.au**](http://www.royallifesavingact-enrol.com.au) click on REGISTER and use your child’s **registration code** below: (if you have more than one child attending they may have a different registration code, please make sure that you use the correct registration code as this relates to the program they are attending as well as the time slot they are in. Thank you)

|  |  |
| --- | --- |
| **Your child’s registration code for 1O Group A-L is:** **SS1120FOR19**  **Your child’s registration code for 1O Group M-Z is: SS1150FOR19** |  |

**IMPORTANT:** The online enrolment portal will automatically close **2 school days** (Closes Wednesday night at midnight) prior to our program start date. Please ensure you have registered your child by this time. **If your child/ren have not been registered online or a hard copy handed to the school or RLSSA ACT office they will not be able to participate until this has been done.**

If you experience any difficulty with your online enrolment, please contact Royal Life Saving ACT directly on 62605800. For all other enquiries, please contact the school.

Sincerely,

Royal Life Saving – ACT Branch