

FORREST PRIMARY SCHOOL



Newsletter Week 6 Term 3 2019

Mission Statement

Forrest Primary School helps all of our students reach their full potential in a safe, loving, inspiring and challenging learning environment.

We strive to develop confident, compassionate, responsible children who are lifelong learners and can make the world a better place.

Our community is culturally diverse and we value and celebrate the perspectives, knowledge, skills and abilities all bring to our school.

EXECUTIVE ADDRESS

Welcome back to Chris Pilgrim, our Principal, who has been on leave for the past five weeks. We are so pleased to have Chris back, leading the school and working with teachers, staff members, parents, students, and community members to make our school the best it can be. We thank Hayley Munsie, who has done an outstanding job in leading the school during Chris's absence!

Book Week

Wow! What a week Book Week 2019 was! Thank you to all the parents and carers who dressed their children up in the most fabulous costumes. This year we held the parade outside which gave everyone more room to show off their amazing costumes. After the parade, teachers, some Year 6 students and staff members from FOOSHC performed a comical play adapted by Louise McMullen, our creative Teacher Librarian. Thank you Louise for all the wonderful work you have done over the past weeks to make Book Week 2019 the best one yet! One of the highlights of Book Week was a visit from storyteller and performer, Valanga Khoza. Valanga was born in South Africa and spent his youth in Alexandra, a township in Johannesburg, and in rural Transvaal. Growing up in a community where many could neither read nor write, music, dance and storytelling were an integral part of the culture of his people. Valanga brought his tale of Africa to life through stories, song and dance. Please see page 4 for photos.

Year 5 Combined Band Rehearsal

On Thursday 22 August, 110 students from Weetangera, Hawker, Yarralumla, Telopea and Forrest Primary School came together to perform as a complete concert band. Students worked with expert teachers from the Instrumental Music Program (IMP) to improve



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Dates to remember

- Author Visit—3 Sep
- Astronomy Night—3 Sep
- Year 2 Excursion to Possum Magic—5 Sep
- Year 3 Excursion to NGA—9 Sep
- Musica Viva—10 Sep
- Year 1 Assembly—13 Sep

Notes to return

- Year 2 Possum Magic—TODAY
- Year 3 Excursion to NGA—2 Sep

their skills and build their confidence. The concert band performed their music for students, parents and teachers. Congratulations to our Year 5 Band students. You have come so far in such a short time and Mr Travis is very proud of you all.

Musica Viva

As a part of our Arts programme, students are invited to attend a lively performance by Doctor Stovepipe held on Tuesday 10 September. Doctor Stovepipe, hosted by Musica Viva, is a rollicking, old-time ensemble of guitar, bass, fiddle and sweet vocal harmonies. The performance will demonstrate how songs evolve and change as they are passed on from one musician to the next. Students learn how the simplest sounds and stories can be turned into toe-tapping tunes; and that when it comes to making music, no road map is required!

Student Voice

At Forrest Primary School we acknowledge that students have unique perspectives on learning, teaching, and schooling, and should have the opportunity to actively shape their own education. There are many ways students get to express their thoughts and make changes in the school and community. One recent example of student voice was a peaceful playground protest against the manufacturing and marketing of the Woolworths Ooshies products. The idea for the protest came from a Year 4 reading lesson on 'synthesising'. During the lesson students viewed a short clip on the Woolworths Ooshies products and became aware of problems surrounding the marketing campaign. Another example of student voice is happening during Action Club. A small group of students are investigating changing the names of our Sports Houses from early European explores to inspiring Aboriginal leaders. We encourage all students to continue to put forward their ideas, concerns and views through structures such as Action Club, Waste Warriors, Year 6 Committees and through their Units of Inquiry.

Year 6 Leadership Committees

This year, Year 6 students have demonstrated leadership, student agency and responsibility through a range of leadership committees. Committees include house captaincy and sports leaders, tech gurus, library monitors, school culture leaders, playground mediators and sustainability leaders. Students wrote an application outlining which job they would be most suited to and included relevant examples of prior leadership. Working alongside mentor teachers, students in each group have been encouraged to show initiative and help lead the whole school in their area of expertise. By taking on extra responsibilities in the areas they are most passionate about, students have had the opportunity to share their voice and take ownership of the school community.

"By being a student mediator, I get to help little kids with playground issues and get to see things from their perspective. It's nice to know that I am helping in the school. It's given me the opportunity to be a leader even though I am not as confident at speaking in front of large groups" – Matilda

"As a tech guru, my job is to make sure all of the technology is functioning and ready for learning. Everyone gets a chance to be a leader and I got the chance to understand more about how computers work. I got to step up for something I enjoy doing. Before, it was just house captains but now there's something everyone can take responsibility for." – Luke

"By being a waste warrior, I am more aware of what we're doing at school and in the community to help sustainability. We have been able to help teachers and classrooms look after the environment by putting things in the right bins." – Emily

Indigenous Literacy Foundation

BOOK SWAP

Friday 6 September

Bring a gold coin donation &
a book to swap!

Organised by the
Culture Club students

Changes to Action Club

In response to a full curriculum load for teachers and students, we have decided to move Action Club out of class time and have now opened the library to Action Club on Tuesdays. Students will continue to work on current projects and can book in a meeting with Belinda Kowalski or Warren Brompton to support their project and organise any whole school actions to be taken. Even weeks will see Years 4, 5 and 6 in the library while students in Years K, 1, 2 and 3 will join the teachers and senior mentors in the library in odd weeks.

We encourage all students to have a voice and remind our community that taking action can look like a change in our behaviour, letting others know about an issue or raising a question about our school or community for your teachers and principal to consider. At Forrest students do not need to be voted into a committee to take action- it is open to anyone at any time.

In classrooms, students are encouraged to share little actions they have been inspired to take, building a community of learners who encourage each other to take action. This term teachers will be undertaking training in how to further facilitate and celebrate action in our classrooms.

South Weston Athletics Carnival

On Wednesday 21 August selected students represented Forrest Primary School at the South Western Athletics Carnival. Congratulations to all the students who attended and gave their best efforts on the day. Thank you to Mr Charles Fairfield-Smith for organising this successful event.



National Literacy and Numeracy Week

Week 7 is National Literacy and Numeracy Week. National Literacy and Numeracy Week provides students, parents and schools the opportunity to explore reading, writing and numeracy and get involved in a range of literacy and numeracy activities. As part of celebrating National Literacy and Numeracy Week we have organised a visit from poet, author and creative writing teacher Harry Laing. Harry will be presenting interactive workshops for students and teachers during the week. We look forward to working with this inspiring children's author and improving the quality of our writing. If you would like to order Harry Laing's books, please see page 5 for details.

Nationally Consistent Collection of Data on School Students with Disability (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the Disability Standards for Education 2005, in line with the *NCCD guidelines (2019)*. Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disability in schools

- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability. The NCCD will have no direct impact on your child and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy \(https://www.education.gov.au/privacy-policy\)](https://www.education.gov.au/privacy-policy). Further information about the NCCD can be found on the [NCCD Portal \(https://www.nccd.edu.au\)](https://www.nccd.edu.au). If you have any questions about the NCCD, please contact Renee Berry (DECO) at renee.berry@ed.act.edu.au or via the front office on 6142 1470.

Thank you,

Jemma O'Brien
on behalf of the executive team

What do I do if my child is absent from school?

If your child is absent, please notify the front office. You can:

- ◆ Email forrestps@ed.act.edu.au
(cc'ing the teacher is optional)
- ◆ Complete an absence note on the school **mobile app**
- ◆ Call **6142 1470**
- ◆ Let us know **in person** at the front office

What do I do if my child is late to school?

Unless your child is with their teacher by **9:00am sharp**, please ensure they sign in at the front office and take a 'late arrival pass' to their teacher.

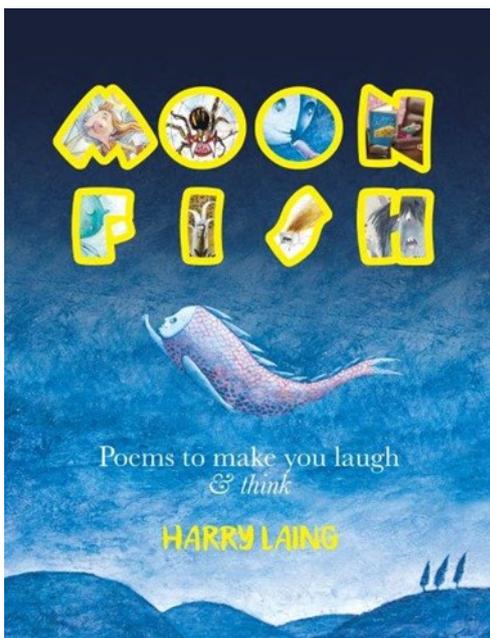
BOOK WEEK



AUTHOR VISIT

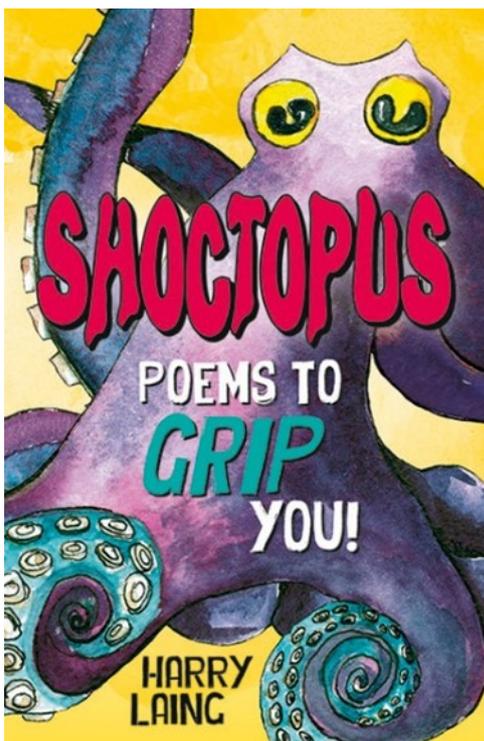
Author Harry Laing is visiting Forrest Primary School on Tuesday 3 September!

If you would like to order either of Harry's books, you can do so via EFT (bank account details below). Please include your child's name and class in the reference.



MoonFish by Harry Laing is a poetry picture book for 6-11-year-olds. It features great illustrations by 16 of Australia's best known illustrators including Shaun Tan, Leigh Hobbs, Mitch Vane and Judy Watson.

Price \$15



Shoctopus – poems to grip you! (Bunda Press) is a sparkling collection of poems for 6-12-year-olds by Harry Laing featuring black and white illustrations by Clinton De Vere.

Price \$15

Account name: Harry Laing T/AS Bunda Press

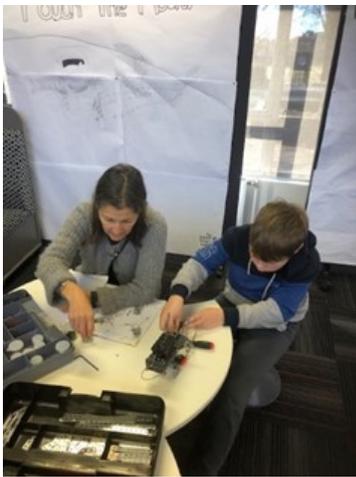
Account No: 152859203

BSB: 633-000

Please include student name and class in the reference

MECCANO

Our very kind Rotary and community helpers are continuing to support senior students with their Meccano projects. Students take 5-6 weeks to create their project then share with their class before dismantling it, ready for the next student. It is so lovely to see students working with their helpers to overcome the various challenges presented by the construction and how they gain pride and self-confidence, improved ability to read instructions, increasing fine motor and problem-solving skills.



Ethan (5B) & helper Sally



Koby (4KD) & helper Grant



Jarrad (5T) & helper Brian



Pia (2K) & helper Jon



Sienna (3K) & helper Shoo Guan

Canteen—Special Lunch Order Day

The school canteen is having Special Lunch Order Day on **Wednesday 18 September** (Week 9)! This will be a fundraiser for the canteen. We will be offering the usual Meal Deals with one or two pieces of pizza, a drink and a treat.

Orders can be made through flexischools (available now) or by using the paper form—available from the canteen and front office from next week onwards.

Orders will close on Friday 13 September (Week 8).

Paper orders must be returned to the canteen by **10:00am**.

Online orders must be submitted by **3:00pm**.

Please remember there will be no normal canteen service on the day.

Forrest After School Activities – Job Opportunity

Forrest After School Activities (FASA) is run by the P&C. They are extra-curricular activities offer to the school community to assist families unable to organise their own extra-curricular activities.

FASA is current seeking a person to coordinate the activities on a daily basis (Monday – Thursday) for around 8 - 10 hours a week of an afternoon whilst FASA operates. If this opportunity interests you, please see Ali Sewter, Executive Director FOOSCH, in the Afters office. Salary will be negotiated with successful applicant with reference to the relevant award.

Forrest After School Activities – Reminder

In recent months, a number of parents have arrived late to pick up their children from Forrest After School Activities (FASA). We remind parents that they are asked to arrive promptly at 4.10pm to pick up their children as tutors can not stay the end of the activities sessions, which generally finish at 4.15 pm (except for Robotics at 5:15pm).

Unfortunately, parent lateness can affect the viability of FASA and a financial penalty will occur if you child is not picked up on time. Unfortunately due to the current enrolments in After School Care this year there is limited if any space for the children to be incorporated in to FOOSCH after activities if they do not hold a booking.

We thank parents for their understanding in this. The P&C view FASA as an important offering to the school community. However, if children are not picked up on time we will need to review these opportunities.

SCHOOL EVENTS

YOU ARE INVITED TO THE FORREST
PRIMARY

Crazy Arms Sun Smart Assembly

Friday 6 Sept
2.00pm for a 2:15pm start
Forrest Primary School Senior Hall

Hope you can make it!

SCHOOL EVENTS

FORREST PRIMARY SCHOOL

ASTRONOMY NIGHT

With the support of the Canberra Astronomical Society



*Come and get
lost in space*



3 SEPTEMBER

7:00pm

**Forrest Primary
School Oval**

Please bring a **gold
coin donation** to
support the Canberra
Astronomical Society



SCHOOL EVENTS

BIG NIGHT OUT FRIDAY 13TH SEPTEMBER



FORREST PRIMARY SCHOOL

is putting the fun into fundraising

TRIVIA, GAMES & GALA AUCTION

Including original Year Class artworks

Online auction bidding opens 2nd September

www.32auctions.com/forrestps

Everything you need to know about the night...

LOCATION

Eastlake Football Club,
3 Oxley Street, Griffith.

COST

\$30 per person includes entry
plus lucky door prize ticket.

FOR FURTHER INFO

Please contact the organisers at
forrestpsvents@gmail.com.

TIME

Doors open at 6pm.
Trivia begins at 7pm.

FOOD & DRINKS

Will be available to purchase.

This is an adults only event.

Thank you for supporting our school

TICKETS

www.trybooking.com/BEEYP

SCHOOL EVENTS

THE COUNTDOWN IS ON.....to Forrest Primary School's **major annual fundraising event** for 2019!

That's right it's only 2 more weeks (14 sleeps) until our adults only Big Night Out (BNO) at the Eastlake Football Club in Griffith.

Our BIG target is to raise \$12,000 for the school and we really need your help to get our thermometer moving.

This is your BIG chance to support the school and help raise much needed funds to create better learning spaces for our children.

Ways you can contribute

Buy a ticket to attend – tickets are \$30 www.trybooking.com.BEEYP

Check out the auction and **BID TO WIN** one of the 60+ items on the BNO online auction site. The online auction goes live for bidding this coming Monday 2 September.

If you can't attend on the night – you can still support the school by **bidding online from home** up until the night (bidding will close online and last-minute onsite bidding will finish on the night).

Opt in to be automatically registered for the online auction when you book your tix or

Register at – www.32auctions.com/forrestps

What's happening on the night

Trivia and Games with prizes up for grabs. Don't worry if you're rubbish at games – the aim is to have fun. Kids in each year level are working on major artworks to be displayed and auctioned on the night.

Hampers will be auctioned off to the highest bidders.

Finally, the evening will close with a **BIDDING WAR!** The auction will be closed to online bids and loud, competitive (and possibly unethical!) bidding will bring the auction to a close.

Event TIPS

It's OK not to have a designated table, there will be lots of parents flying solo on the night. Mingle and move around the room, check out displayed auction items and participate in the games located around the room.

Or...get together with some friends or parents in your class/year group and make a table of 10.

Make sure you bring gold coins so **you can** buy your way out of trouble!

Set maximum auction bids on your chosen items so even if you can't make it on the night – you still have a good chance to win. Or have a friend who is attending on the night to bid on your behalf.

Book your child-minding now! Or get a group of friends together, share your child-minding and the kids can have their own movie and popcorn 'Big Night In' at home with their friends.

Doors open at 6:00pm with activities kicking off at 7pm. Arrive early, grab a drink and enjoy a bite to eat. Food and drinks will be available for purchase throughout the night.

We aim to finish the organised activities by around 10pm – but of course stay as long as you want!

SCHOOL EVENTS

Here are just some of the 60+ auction items on offer:



Zara Del Mar Beach Front...

4 nights @ Callala beach, NSW

\$1.00 AUD

value: \$2,000.00 AUD

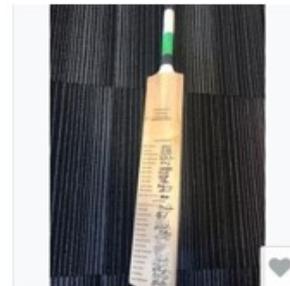


Kids Dance Classes

1 child (K - Yr2) after school class in Term 4. V...

\$1.00 AUD

value: \$200.00 AUD



Kookaburra Cricket Bat

Prime Ministers XI v NZ 2015

\$1.00 AUD

value: Priceless



Kids Pantry Cooking Class

\$100 voucher toward any cooking programme

\$1.00 AUD

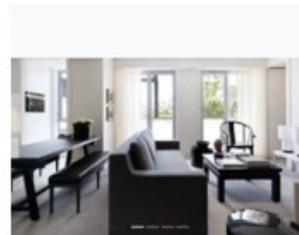
value: \$100.00 AUD



1 x 3-month gym membe...

\$1.00 AUD

value: \$340.00 AUD



Overnight Family Stay - B...

4 people, 1 night with Children's VIP package

\$1.00 AUD

value: \$330.00 AUD

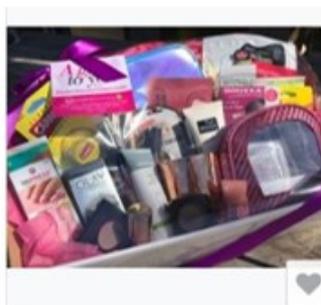


Signed Wallabies Jersey

2014 Spring tour jersey

\$1.00 AUD

value: \$500.00 AUD



Health & Beauty Hamper

A selection of beauty & pamper goodies

\$1.00 AUD

value: \$200.00 AUD



Kids Speech & Drama Class

1 child for Term 4 After School Class - value \$...

\$1.00 AUD

value: \$260.00 AUD

The Forrest P&C and Forrest PS are proud to coordinate this joint event.

Any further questions – please contact the organisers at forrestpsevents@gmail.com.

Thank you for supporting our school

FORREST PRIMARY SCHOOL NEWSLETTER

'BIG NIGHT OUT' SPONSORSHIP

Please remember our generous sponsors when you're shopping, looking for somewhere to dine, or in need of a service.



MERIT CERTIFICATES

Congratulations to the following recipients of merit certificates!
These were presented at the senior assembly on Friday 30 August.

3B

Audrey
Elizabeth
Hunter
Layla-Rose
Oliver

3FD

Declan
Swairree
Yash

3K

Adrian
Emma
Stirling

5B

Banjo
Justin
Michaela
Renuka

5R

Bella
Felix
Iraya
Sola

5T

Audrey
Finley
Mau
Oliver
Yasmin

6B

Gia
Jordan
Mia
Sebastian

6D

Alec
Griffin
Jemima
Mason

6H

Anannya
Elena
Hannah
Hargun



SCHOOL AND COMMUNITY CONTACTS

General Enquiries:	6142 1470
Enrolment Enquiries:	6142 1476
Deakin Preschool:	6142 2853
Email address:	forrestps@ed.act.edu.au
Webpage:	www.forrestps.act.edu.au
Principal:	Chris Pilgrim, christine.pilgrim@ed.act.edu.au
Deputy Principals:	Hayley Munsie, hayley.munsie@ed.act.edu.au Renee Berry, renee.berry@ed.act.edu.au
Business Manager:	Ann Hayres, ann.hayres@ed.act.edu.au
School Board Chair:	Bethany Lamont
P&C President:	Jarrod Fitzgerald, president@forrestpandc.com.au
P&C Website:	www.forrestpandc.com.au
Forrest Out Of School Hours Care:	6295 8985, info@fooshc.org.au

COMMUNITY DIRECTORY



Are you thinking about buying your first investment property?

- With interest rates being at a record low, maybe it is the time for you to purchase your first (or second) investment property?
- If you would like to find out your borrowing capacity, and/or which investment loan would best suit your needs please contact Gillian to discuss your options.
- Gillian's service is free of charge as she is paid by your chosen lender on settlement of the loan.
- Gillian happily donates \$200 per home loan to the Forrest Primary School (after settlement). *

Mobile: 0407 722 520

Email: gillian@colesfinancesolutions.com.au

Qualifications: MFAA Credit Advisor, BA Comm, Dip of Finance and Mortgage Broking Management, Cert IV in Finance and Mortgage Broking

* The referred loan needs to be referred from the Forrest Primary school community and needs to be over \$200,000.

COMMUNITY DIRECTORY



SPRING SCHOOL HOLIDAYS TENNIS CLINIC

Monday 30 September—Friday 4 October

8:00am—1:00pm (half days) or 8:00—6:00pm (full days)

Red Hill Tennis Club

Astrolabe Street, Red Hill

- ◆ Students Kindergarten-aged—17 years old
- ◆ All skill levels
- ◆ Professional, credentialed coaching staff
- ◆ Total stroke development – ‘beginners will be serving overarm by the end of the clinic!’
- ◆ Doubles training and tournaments
- ◆ Trophy singles tournament on Friday
- ◆ McDonald’s lunch on Friday for full-day students
- ◆ Less than \$5 per hour for full-day students
- ◆ 100% refund if not continuing after Monday
- ◆ Great range of lunchtime activities, prizes galore, and heaps of fun!

To enrol, call Matt McDonald, professionally qualified Level 2 tennis coach, on 0412 565 137

COMMUNITY DIRECTORY



**Tuesday 17 September
7.00 - 8.30 pm**

**Centre for Teaching and Learning
51 Fremantle Drive, Stirling**

Transition to School Parent Forum

Tips for parents and carers to support children who are starting school

This forum will provide tips and resources to support you and your child's successful transition to school. Hear from experienced educators, researchers and parents who will also be happy to answer your questions.

This is a free event.

Register via email earlylearning@actparents.org.au or phone 6241 5759
by 13 September 2019

This event will also be made available as a podcast.



ACT Council of Parents & Citizens Associations

FORREST PRIMARY SCHOOL NEWSLETTER

COMMUNITY DIRECTORY



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA



How Is Parenting For You?

If you have a child between 2 and 12 years, researchers from the University of Queensland are interested to know about your views on parenting and the services that are available to you as a parent. You will need to complete a short survey.

To find out more, visit our website:

<https://exp.psy.uq.edu.au/parenting>



Survey closes on the
31st August 2019



COMMUNITY DIRECTORY



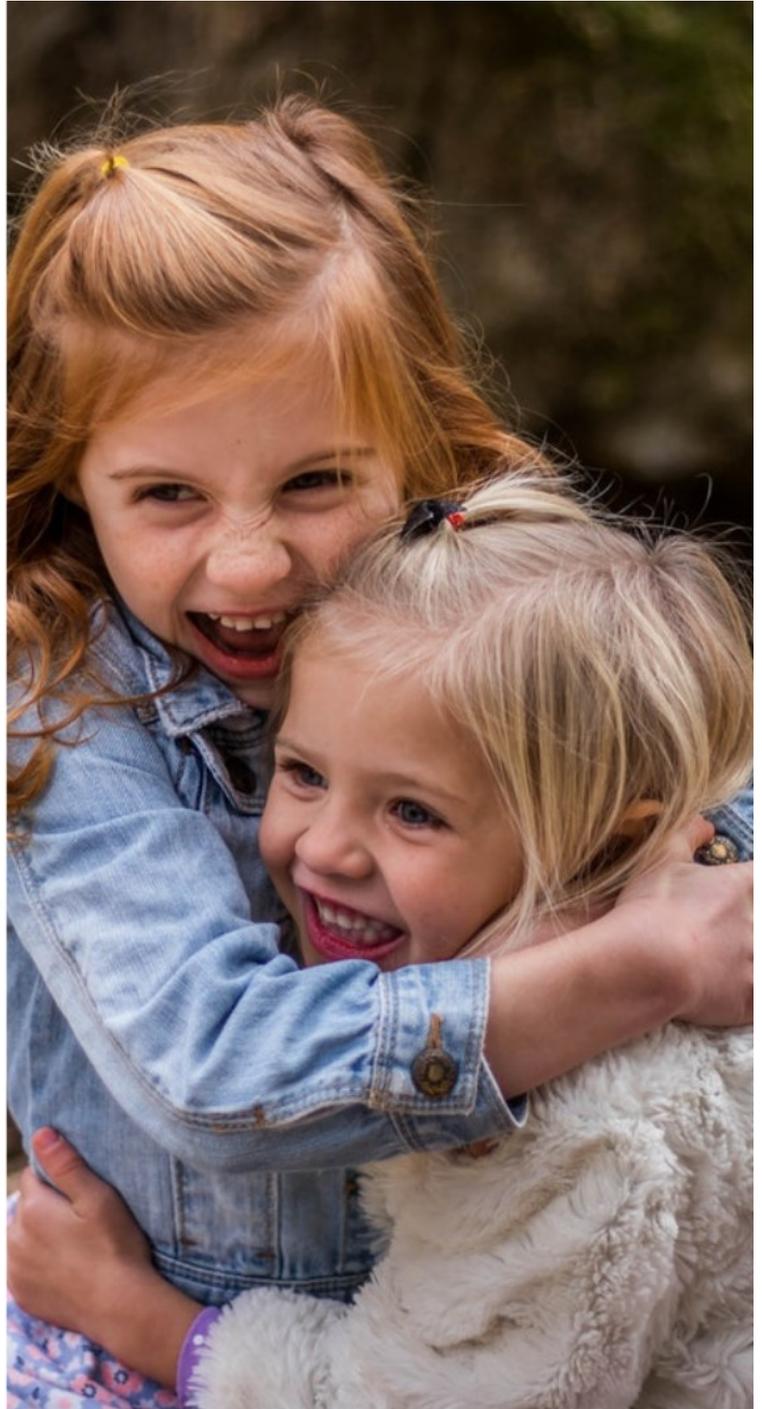
Available to all families in
the ACT.

Offering a free and
confidential counselling
service.

Assisting & supporting
parents with ideas about
raising children.

The only telephone counselling service for
parents and carers in the ACT.

**PARENTLINE
6287 3833
9AM-5PM
FREE TELEPHONE
COUNSELLING**



COMMUNITY DIRECTORY

Open School of Music

INFORMATION NIGHT

25 October 2019

**FROM 4:30 PM
ANU SCHOOL OF MUSIC
WILLIAM HERBERT PLACE
ACTON ACT 2601**

**meet students & staff
tour the School of Music
see rehearsals & performances
find out about our 2020 programs**

RSVP <https://open-school-info-night.eventbrite.com.au>

Photography © Peter Hislop, Canberra



Supported by



ANU Open School of Music
For more information visit
music.anu.edu.au/open-school

COMMUNITY DIRECTORY

Registration now open at
WESTON INDOOR SPORTS

westonis.com.au



**2019-20
SUMMER
REBOUND
SOCCER**

FOR KIDS AGED 5 TO 18

Season Starts: Sat 26 Oct 2019
Season Ends: late Mar/early Apr
Played: Saturdays - (break over school holidays and long weekends)

- * boys, girls and mixed teams
- * divisions for players of all skill levels
- * register as an individual or as a team (*we will find you a team for you and your friends*)

WHAT IS REBOUND SOCCER?

- * five-a-side game
- * played with a futsal ball
- * played on indoor courts with nets
(*more play time - the ball doesn't go out*)

APPROXIMATE AGE GROUPS & KICK-OFF TIMES

Rooball Divisions	5 to 8 years	1:00pm – 4.00pm
Junior Divisions	9 to 12 years	8:00am – 12:00pm
Youth Divisions	12 to 18 years	9:30am to 1:30pm
Girls Divisions	8 to 18 years	10:00am – 2:00pm

Fees: \$180 per player (*\$175 if paid by 12 September*
(Discount of \$5 per child for 2 or more from the same family)

What to Wear? Shin pads, runners/futsal boots, long socks and team shirt.

Pre-season Training will be available. See westonis.com.au for more information.

REGISTER AT: westonis.com.au. Register online or download a form and email it to soccer@westonis.com.au or drop it in to Weston Indoor Sports, 45 Liardet St Weston.

Further Information – Contact Weston Indoor Sports

Phone: 6288 0444 **Email:** soccer@westonis.com.au **Website:** westonis.com.au